



# 33rd SEA Games 2025

## Question for Officials

**Date: 2025-12-11**

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**Question No: 01**

**Question For: Protest Committee**

**Question:**

Is it permitted to make one body pump at the starting signal?

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**Answer:**

Short answer is NO!

However, a boat is allowed to roll the boat to facilitate steering (to turn the boat) but heeling the boat to leeward and uprighting without turning the boat, propels the boat forward and is therefore prohibited action.

The heel and turn has to be consistent to consider it as a legal facilitating steering. Deep heel leeward would require a heavy turn. Deep heel and minor turn, or no turn will result the Yellow flag penalty under the RRS 42 Interpretation BASIC 4.

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*Response By Andrus Poksi Printed at 2026-02-05  
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