



**MEETING INTERNAZIONALE 2023
REGATA ZONALE
420 and ILCA 4 - 6 – 7 Class**

SAILING INSTRUCTIONS

TPK CNT Sirena & Società Velica di Barcola e Grignano

Trieste, April 1st and 2nd 2023

The regatta is valid for the assignment, only to the competitors of the XIII Zone, of points in order to the national Ranking List of the ILCA Class

ABBREVIATIONS

In this Sailing Instructions the following abbreviations are used:

CIS	- International Code of Signals	SR	- Race Secretariat
CdP	- Protest Committee	CO	- Organising Committee
IdR	- Sailing Instructions	CT	- Technical Committee
BdR	- Notice of Race	AO	- Organising Authority
RRS	- Sailing Rules	DP	- Discretionary Penalty
		CdR	- Race Committee

Notations to points in the Notice of Race and subsequent Sailing Instructions:

DP Rules for which penalties are at the discretion of the protest committee.

NP Rules that cannot be protested against boat (modifies RRS 60.1(a)).

ORGANISING AUTHORITY (AO)

The Organizing Authority is the Italian Sailing Federation (FIV) which delegates the organization to the affiliates:

SOCIETÀ VELICA DI BARCOLA E GRIGNANO ASSOCIAZIONE SPORTIVA DILETTANTISTICA

Viale Miramare 32- 34136 TRIESTE (TS)

Tel. [040-411664](tel:040-411664) - FAX [040-413838](tel:040-413838)

E-Mail: regate@svbg.it website: <https://www.svbg.it/>

AND

SIRENA CLUB NAUTICO TRIESTINO-ASSOCIAZIONE SPORTIVA DILETTANTISTICA

Viale Miramare 32- [34136](tel:040-422696) TRIESTE (TS)

Tel. [040-422696](tel:040-422696) / [040-422731](tel:040-422731) - FAX [040-4529907](tel:040-4529907)

E-Mail: info@tpkcntsirena.it website: <https://www.tpkcntsirena.it/>



1 RULES

The Regatta will be governed by:

1.1 The Rules as defined in the current WS Sailing Regatta:

Rules: <https://www.federvela.it/federvela/normative-e-regolamenti/regole-di-regata/481-nuovo-regolamento-di-regata-2021-2024/file.html>;

1.2 The FIV Regulations for National Organized Sports Activities in Italy 2023:

<https://www.federvela.it/federvela/normative-e-regolamenti/programmazione-attivita-sportiva-nazionale/103-norme-per-l-attivita-sportiva-nazionale/file.html> e le:

ILCA sheets 2023 <https://www.federvela.it/federvela/normative-e-regolamenti/programmazione-attivita-sportiva-nazionale/609-scheda-ilca/file.html>

420 sheets 2023; <https://www.federvela.it/federvela/normative-e-regolamenti/programmazione-attivita-sportiva-nazionale/603-scheda-420/file.html>

1.3 The Appendix "P" of the RRS (Special Procedures for Rule 42) will be in force;

1.4 The Appendix "T" of the RRS (Arbitration) will be in force;

1.5 ILCA Class Rule 7(a) is changed to read as follows: "Only one person shall be on board while the boat is racing. His name must be the one shown on the registration form";

1.6 XIII Zonal Championship Regulations for Class 420 and ILCA;

1.7 All boats with the same armament are defined as a "fleet" with consequent subdivision into fleets 420, ILCA 4, ILCA 6 and ILCA 7;

1.8 In the event of a conflict between the BdR and the IdR, the latter and subsequent communications will prevail in compliance with RRS 63.7;

1.9 The Rules of Classes 420 and ILCA;

1.10 RRS 90.3(e) will be in effect.

2 CHANGES TO THE SAILING INSTRUCTIONS

2.1 The Sailing Instructions will be available on the dedicated event page on the Racing Rules of Sailing portal and from 18.00 on 28 March 2023 <https://www.racingrulesofsailing.org/documents/5667/event>

2.2 Changes to the IdR will be published no later than 2 hours after it takes effect, with the exception of the change to the regatta schedule which must be published before 20:00 on the day before it takes effect.

3 NOTICES TO COMPETITORS

3.1 1 In compliance with the provisions for contrasting and containing the spread of COVID-19, the AUC will only be ON-LINE in the section dedicated to the event on the RRS platform

<https://www.racingrulesofsailing.org/documents/5667/event>

3.2 The SR is located at the headquarters of the TPK CNT Sirena in Viale Miramare 32;

3.3 At sea, all communications between the CdR and the Support Persons will be made via VHF radio on channel 72. Any radio communications from the Support Persons to the CdR will be valid only if confirmed by the CdR. For all assistance vessels it is mandatory listening on channel 72 VHF during regattas;

3.4 Communications between the CdR and the buoy-laying vessels and other official boats will be carried out via VHF radio on channel 72;

3.5 A boat shall neither receive nor transmit radio communications which are not available to all competitors, except in emergency conditions or when using equipment made available by the CdR. This restriction also applies to mobile telephones and other electronic equipment.

4 CODE OF CONDUCT

4.1 [DP] Competitors and Support Persons must satisfy any reasonable request from the UdR regarding the current event.

5 GROUND SIGNALS

5.1 The signals made on the ground will be displayed on the signal tree located at the headquarters of the CNT SIRENA on the flagpole of the ground signals;

5.2 [DP][NP] On the days of the event in which trials are scheduled, the boats must not leave the area assigned to them until flag D is displayed. The warning signal or another signal will be displayed no less than 45 minutes from the display of flag D and in any case not before the scheduled or deferred time, whichever of the three is the latest;



5.3 When flag “N” is displayed ashore with 3 beeps it means “today's race will not be sailed”. This modifies the racing signal “N”.

6 REGATTA SCHEDULE

6.1 Saturday April 1st Races; 1st race warning signal at 11.00

Sunday April 2nd Races.

6.2 If possible, 6 (six) races will be held with a maximum of 3 races per day;

6.3 The time of the warning signal on Sunday will be communicated by 19:00 of the previous day in which it will take effect. In case of failure to communicate, the time of the previous day will remain confirmed.

6.4 The warning signal for each race following the first of the day will be given as soon as possible;

6.5 To inform boats that a race or series of races will soon begin, the orange flag marking the starting line will be displayed with a sound five minutes before the warning signal is given;

6.6 No warning signal will be given after 4.30pm on the last day of racing unless there is a general recall or intelligence signal made before 4.30pm and in any case not later than 5.00pm.

7 CLASS FLAGS

7.1 Class flags used for the warning signal:

- ILCA 7 fleet: ILCA Class flag white
- ILCA 6 fleet: ILCA Class flag green
- ILCA 4 fleet: ILCA Class flag yellow
- 420 fleet: 420 Class flag

8 RACING AREA

8.1 The regatta will take place in the stretch of water of the Gulf of Trieste as per Annex 1; If brush number 1 is exposed on land, the field will be the one in front of the castle of Miramare, if brush number 2 is displayed, the regatta field will be facing the body of water west of the Luigi Rizzo dam.

9 ROUTES

9.1 The following paths will be adopted as per the diagrams. The diagrams show the courses, the order in which the marks are to be passed and the side on which each mark is to be left;

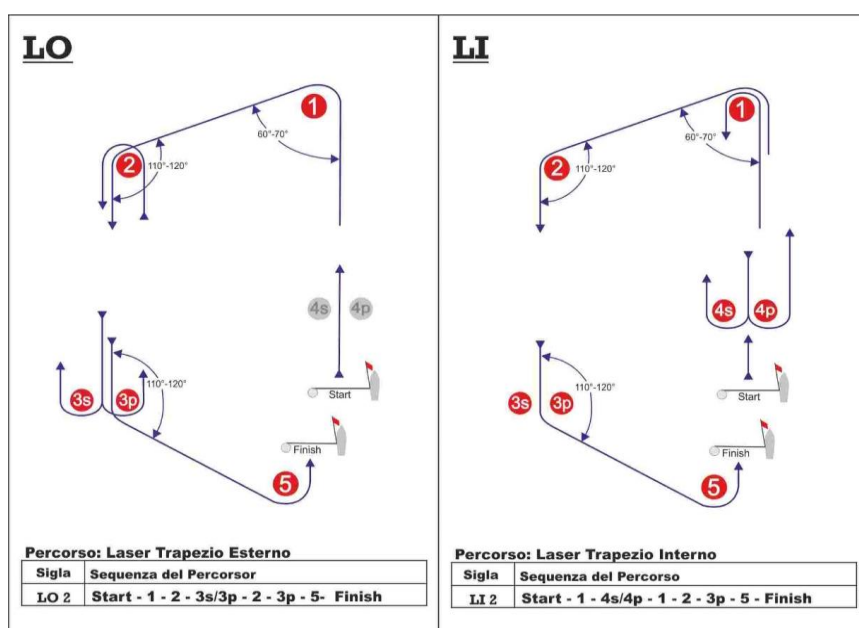
9.2 The fleets will be divided as follows along the routes:

Internal trapeze path for the ILCA 4 fleet

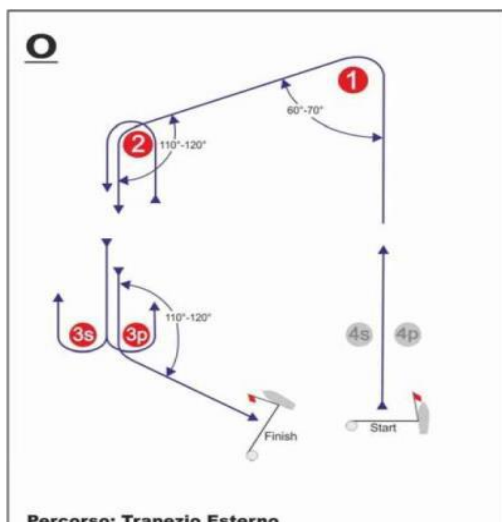
External trapeze path for the 420, ILCA 6 AND ILCA 7 fleets

9.3 Before the warning signal, CdR will possibly display the compass degrees for mark 1.

ILCA 4 - 6 – 7 ROUTES



420 ROUTE



9.4 If one of the two gate buoys 3s/3p of the LO course or one of the gate buoys 4s/4p or 3s/3p of the LI course is not placed or is missing during the race, the remaining buoy must be left to port. There will be no sounds or other signals. The CDR will restore the missing mark as soon as possible;

9.5 The routes may be shortened but not before the third leg has been completed (modification of RRS 32).

10 BUOYS

10.1 According to the Regulations of the Class Associations, two regatta fields may be organised.

10.2 The description of the start, finish and course buoys (1, 2, 3, 4 and 5), or associated gates, will be described as follows:

420 ROUTE

Regatta Area	Buoys 1, 2, 3p e 3s,	New buoy	Start buoy	Arrival buoy
Addendum A	Cylindrical yellow	N/A	Cylindrical orange	Buoy with red buoy and blue flag

ILCA 4 - 6 – 7 ROUTE

Regatta Area	Buoys 1, 2, 3p e 3s, 4p e 4s, 5	New buoy	Start buoy	Arrival buoy
Addendum A	Cylindrical yellow	N/A	Cylindrical orange	Cylindrical orange

11 START

11.1 The starting procedure will be done as per RRS 26 with the following modification: the preparatory signal can only be the "U" Flag or the "Black Flag";

11.2 The starting line will be the joint between a pole with an orange flag placed on the CdR boat (a sailing vessel displaying the SVBG bulwark) and the course side of an inflatable buoy placed on the left side of the line.

11.3 The warning signal for each event following the first of the day will be given as soon as possible;

11.4 SPARE

11.5 [DP] A float may be moored to the chain or mooring or spun line at the stern of the CdR boat. Boats must never pass between this float and the CdR boat.

11.6 [DP] When a sequence of starting signals is in progress, boats whose warning signal has not yet been displayed shall avoid the starting area. By starting area we mean the rectangle extending 50 meters from the starting line in all directions;

11.7 Black Flag Start: RRS 30.4 is modified as follows: sail numbers will be displayed for at least 3 minutes. A long beep will sound when the sail numbers of the BFD boats are displayed;

11.8 A boat starting more than 4 minutes after her starting signal will be scored DNS without a hearing (modifies RRS 35, 63.1, A4 and A5);



11.9 The minimum wind limit for starting is set at 5 knots. For racing the upper wind speed limit is set at 25 knots. Only in particular conditions the CdR could allow racing with winds of up to 30 knots. In the event that the wind speed drops below 3 knots for at least 5 minutes, the CdR may interrupt the race for one or all fleets. The decisions of the CdR in this sense cannot be the subject of a request for redress (modification of RRS 60.1(b)).

12 CHANGE OF THE NEXT LEG OF THE COURSE

12.1 There is no route change.

12.2 The routes may be shortened but not before the third leg has been completed (modification of RRS 32).

13 FINISH

13.1 Fleet 420: The finish line will be between a pole displaying a Blue flag placed on the arrivals boat of the CdR (red dinghy displaying the CNT Sirena flag) to be left on the left and the side of the course of the red buoy with BLUE finish flag to be left on the right.

13.2 ILCA fleet 4 - 6 - 7: The finish line will be the one between a pole displaying a BLUE flag placed on the arrivals boat of the CdR (sailing vessel displaying the CNT Sirena flag) to be left on the right and the side of the path of the orange cylindrical buoy to be left to port.

14 PENALTY SYSTEM

14.1 Appendix P will be applied in its entirety with the following modification: If the first penalty is signaled to the boat after she finishes, the boat may either:

- carry out the foreseen penalty and finish;
- accept an 8-point penalty on the score without a hearing (modify RRS 35, 63.1, A4, A5).

15 TIME LIMITS AND TARGET TIMES

15.1 The time limit and the target time for each race and for each Class are as follows:

CLASS	Time limit	Time limit buoy N. 1	Finish window	Target time
ILCA 7 - ILCA 6 m/f - ILCA 4 m/f - 420	70 mins	20 mins	20 mins	40/50 mins

15.2 If no boat has rounded Mark 1 within the time limit for Mark 1, the race will be stopped;

15.3 Failure to meet target times will not be grounds for a remedial request (amends RRS 60.1(b));

15.4 Boats that do not finish the race within the time limit set in the "Finish Window" after the first competitor has completed the course and finishes will be classified DNF without a hearing. This modifies RRS 35, 63.1, A4 and A5.

16 PROTESTS AND REMEDIAL REQUESTS

16.1 For all Fleets, the protest time limit is 90 minutes after the last boat has finished in the last race of the day or after the signal from the CdR that there will be no races today, whichever is later. The timetable will be published on the official bulletin board (<https://www.racingrulesofsailing.org/documents/5667/event>)

16.2 Protests or remedial requests must be written on the web platform form (<https://www.racingrulesofsailing.org/documents/5667/event>)

16.3 Announcements will be posted no later than 30 minutes after the protest time limit has expired, informing contestants of hearings in which they are parties or named as witnesses. The hearings will be held in the protest room located at the SVBG headquarters from the published time;

16.4 Statements for protests by the CdR, CT or CdP will be published on RRS to inform boats as per RRS 61.1(b);

16.5 On the last day of racing, a request to reopen the hearing must be delivered:

- a) within the protest time limit, if the requesting party was informed of the decision the day before;
- b) no later than 30 minutes after the requesting party was informed of the decision that day.

This is a modification of RRS 66;

16.6 On the last day of racing, a request for redress based on a decision by the CdP must be delivered within 30 minutes of the decision being posted. This changes RRS 62.2;

16.7 The list of boats penalized in accordance with Appendix P for infringements of RRS 42 and SI 26.8 will be displayed;

16.8 Penalties for infractions of the annotated IdR [DP] are at the discretion of the CdP. A boat may accept a discretionary penalty prior to a hearing and relating to the same incident by completing a form available from SR.



17 SCORE

17.1 The completion of one race is required to make the event valid;

17.2 A discard will be applied to the completion of the fourth race;

17.3 In the case of fleet regatta RRS A5.2 is modified so that scores are based on the number of boats assigned to the largest fleet. If by the end of the last day of racing some boats have raced more races than the others, the results of the most recent race will be excluded so that the result for all boats is based on the same number of races. This, as a modification of RRS 60.1(b), cannot constitute a reason for a remedial request;

17.4 To request the correction of an alleged error in the result of a race displayed in the register, a boat can fill in a request form for inclusion in the classification available from the SR;

17.5 RRS 90.3(e) will be in effect.

18 SAFETY RULES (DP) (NP)

18.1 Competitors will be required to wear personal flotation devices at all times while in the water, except for a limited time when changing or adjusting personal clothing or equipment;

18.2 Boats that do not leave their moorings to race in a scheduled race must promptly inform the SR;

18.3 A boat that retires shall inform the CdR before leaving the racing area or, if this proves impossible, shall inform the SR as soon as possible after returning ashore;

18.4 A competitor who retires must inform the CdR before leaving the racing area or, if this proves impossible, must inform the SR as soon as possible after returning ashore and complete the appropriate form (use the Declaration of Penalty form with the indication of the fleet to which they belong) at the link available on RRS SR before the time limit for protests;

18.5 Boats not racing shall not interfere with official boats;

18.6 Under RRS 37 the communication channel for search and rescue instructions is VHF channel 72;

18.7 Competitors requesting assistance from rescue boats must wave an arm with an open hand. If assistance is not required, the arm should be waved with the fingers of the hand in a fist. If considered necessary, the competitor may be required to leave the boat and get on the rescue vehicle. In this case, a red and white ribbon will be applied to the abandoned boat to signal that the crew has been rescued anyway.

19 CHANGE OF CREW AND EQUIPMENT

19.1 The replacement of damaged or lost equipment or equipment is not permitted without the prior approval of the CT, or in his absence of the CdR;

19.2 A boat or her equipment may be checked at any time to ensure compliance with the Class Rules and the IdR. On the water, a competitor may be instructed by the Technical Committee to proceed to a designated inspection area;

19.3 If damage to the hull or equipment should occur less than 90 minutes before the first departure scheduled for that day and before the departure of the last race scheduled for that day, verbal approval by the CT may be expressed, or in absence of the CdR. Both the damaged material and the replacement material must be presented to the CT, or in his absence to the CdR within the time limit for the submission of protests. In this case the substitution is allowed by the CT/CdR retroactively;

19.4 The replacement of crew members can only take place after authorization by the CdR to the written request presented by the Skipper made no later than 2 hours before the scheduled time for the departure of the first race of the day;

20 EQUIPMENT VERIFICATION AND MEASUREMENT CHECKS

20.1 In the water, a boat may be instructed by a member of the CdR or CT to go immediately into a designated inspection area;

20.2 A boat or its equipment may be checked at any time to ensure compliance with the Class Rules and the IdR. On the water, a competitor may be instructed by the Technical Committee to proceed to a designated inspection area.

A boat or equipment may be inspected or measured within the times specified by the class rules, BdR or IdR

21 OFFICIAL BOATS

21.1 The official boats will be identified as follows:

Technical Committee (CT)	White Flag with "M"
Start Boat CdR	Orange Flag



Medical Assistance	White Flag with Red Cross
Finish Boat CdR	Blue Flag
CdP/Jury	Yellow Flag with black "J"
Media	White Flag with "P"
Assistance / buoyancy aids of the organization	White Flag with "S"
Boats of the coaches, team leaders and support staff	White Flag with ID number

21.2 Actions performed by official boats, helicopters or drones shall not constitute grounds for a remedial request (amends RRS 60.1(b));

21.3 The boats used by the press, photographers, cameramen, VIPs etc. are not under the jurisdiction of the CdR. Any action by these means cannot be the subject of a remedial request. This changes RRS 60.1(b);

22 SUPPORT BOATS

22.1 Team leaders, coaches and other support personnel shall stay outside the area where boats are racing from the time of the preparatory signal for the first class to start, until all boats have arrived, retired or the the race committee has signaled a postponement, general recall or cancellation [DP];

22.2 Support boats will be identified with the red identification flag S on a white background.

Addendum C to the Notice of Race (RULES FOR SUPPORT BOATS AND SUPPORT PERSONNEL) applies to all support boats or boats on which support personnel are stationed.

23 EVENT ADVERTISING

23.1 The boats will be able to display advertising provided by the organizing authority if foreseen.

24 WASTE DISPOSAL

24.1 The Organizing Authority will promote eco-sustainable behavior during the regatta and the collateral events which the Competitors must comply with;

24.2 Recalling the Basic Principle which mentions: "Participants are encouraged to minimize any negative environmental impact of the sport of sailing", the utmost attention to environmental protection is recommended in all moments that accompany the practice of the sport of sailing before, during and after the demonstration. In particular, attention is drawn to RRS 47 - Disposal of Waste - which literally quotes: "Competitors and support persons must not deliberately throw waste into the water. This rule always applies when in the water. The penalty for a breach of this rule may be less than disqualification."

25 RES[DP] [NP] ASSIGNED PLACES

25.1 If foreseen, the boats must be kept in the places assigned to them.

26 PRIZES AND PRIZE GIVING CEREMONY

26.1 The following prizes will be awarded also in relation to the characteristics of the fleets:

ILCA 7

Winner Overall - 2° Overall - 3° Overall - Winner Master category

ILCA 6

Winner Overall - 2° Overall - 3° Overall - Winner Under 17 - Winner Female - Winner Master category

ILCA 4

Winner Overall - 2° Overall - 3° Overall - Winner Female - Winner Boys Under 16 - Winner Girls Under 16

420

Winner Overall - 2° Overall - 3° Overall - Winner Female - Winner Under 17 - Winner Mixed

26.2 The prize giving ceremony will be made as soon as possible after the regattas; time and place will be the subject of a specific notice displayed in the online Board notice; the methods will be communicated on the basis of the provisions in force for the containment of the pandemic.

27 RESPONSIBILITY

27.1 RRS 3 states: "The responsibility for a boat's decision to participate in a race or to continue racing rests with her alone." By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include high winds and rough seas, sudden changes in weather, equipment failure, boat handling errors, poor seamanship by other boats, loss of balance on an



unstable platform, and fatigue resulting in an increased risk of injury. Inherent in the sport of sailing is the risk of permanent and catastrophic injury or death from drowning, trauma, hypothermia or other causes.

27.2 The Organizing Authority declines any and all responsibility for damages that may be suffered by people and/or things, both on land and in the water, as a result of their participation in the regatta referred to in this Notice of Race. It is the responsibility of the Shipowners or the Persons in charge on board to decide on the basis of the ability of the crew, the force of the wind, the state of the sea, the weather forecasts and anything else a good sailor should foresee, whether to go out to sea and participate in the regatta, to continue or to give up. Following a serious infraction in terms of behavior or sporting spirit, the Protest Committee may exclude a Competitor from further participation in subsequent Events or apply other disciplinary sanctions. This will be applied not only for the actual regattas, but also for the entire duration of the Event.

28 INSURANCE

28.1 Each participating boat must be covered by a valid civil liability insurance policy with the "extension for the regattas" clause and with a ceiling of no less than €1,500,000.00.

ALL ANNEXES ARE AN INTEGRAL PART OF THE SAILING INSTRUCTIONS

THE RACE COMMITTEE

ANNEX 1 REGATTA AREA

