



SAILING INSTRUCTIONS

ORGANIZATION

The Mirpuri Foundation Sailing Trophy, organized in partnership with Clube Naval de Cascais, is a sustainable regatta that will see a large number of sailing boats take to the Atlantic Coast of Portugal, to raise awareness and important funds for Marine Conservation programs.

ABBREVIATIONS

SP	Denotes a rule for which a standard penalty may be applied by the Race Committee or Technical Committee without a hearing or a discretionary penalty applied by the International Jury with a hearing.
NP	Rules that are not ground for protest or redress by a boat. (changes RRS 60.1)

1. RULES

- **1.1.** The Rules as defined in the Racing Rules of Sailing (RRS) 2021-2024 issued by World Sailing (WS) no national prescriptions will apply.
- 1.2. The Portuguese Sailing Federation Prescriptions to the Racing Rules of Sailing
- 1.3. The WS Offshore Special Regulations (OSR) 2022-2023 for Category 4 races.
- **1.4.** ORC Rules, NHC Rules and APIC Rules, as appropriate.
- 1.5. The Notice of Race (NoR).
- **1.6.** The Sailing Instructions (SI) issued by the Organizing Authority and any amendments there to.
- 1.7. Between the official times for sunset and sunrise, the right of way Rules of the International Regulations for Preventing Collisions at Sea (IRPCAS) shall replace Part 2 of the Racing Rules of Sailing (RRS).
- **1.8.** In the event of conflict between the Sailing Instructions and this Notice of Race, the Sailing Instructions shall prevail, Changes RRS 63.7. The Sailing Instructions may invoke rule changes as allowed for in RRS 86.
- **1.9.** The event official time will be UTC+01, GPS time.
- **1.10.** [NP] Competitors may be required to display advertising chosen by the Organizing Authority in accordance with World Sailing (WS) Advertising Code Regulation 20.3.1(a). Any required advertising material and instructions for their use, shall be distributed at the registration.
- **1.11.** RRS 90.3(e) will apply.



2. NOTICES TO COMPETITORS

- **2.1.** All notices to competitors will be posted on the Official Notice Board on: https://www.racingrulesofsailing.org/documents/4395/event.
- **2.2.** When a notice is posted, code flag "L" will be displayed at the official flag pole.

3. CHANGES TO SAILING INSTRUCTIONS

- **3.1.** Any change to the sailing instructions will be posted at least one hour before the 1st scheduled warning signal for the first race of the day on the day it will take effect.
- **3.2.** Any change to the schedule of races will be posted before the end of the protest time limit of the day before it will take effect.

4. SHIPPING NOTICES

4.1. Competitors are reminded of their responsibility to take account of Shipping Notices, particularly the ones of Capitania do Porto de Lisboa and Capitania do Porto de Cascais, available at https://www.amn.pt/DGAM/Capitanias/Paginas/Capitanias.aspx;

5. SCHEDULE OF RACES

5.1. Program

Date	Time	Event	Classes
Saturday, 9th July	12:00	Warning signal 1st race of the day	NHC, ORC, VO65
Sunday, 10th July	TBA	Warning signal 1st race of the day	NHC, ORC, VO65

- **5.2.** Number of Races: 2 races are scheduled for all classes.
- **5.3.** On the last day of the regatta no warning signal will be made after 15:00.

6. CLASS FLAGS

Class	Time
ORC + NHC	ICS flag: "O"
VO 65	ICS Flag "D"



7. [NP] COMMUNICATIONS

7.1. At the Start

VHF Ch.72 - The Race Committee may broadcast information on VHF Ch.72 at the start. Boats are strongly recommended to listen to the Race Committee until and when approaching the finish. Recall information (sail numbers and/or boat names of OCS boats) may be announced as soon as possible. It is not allowed for boats to transmit on VHF Ch.72 during the starting sequence.

7.2. At the Finish

VHF Ch.72 - The Race Committee may broadcast or require, from the boats, information on VHF Ch72 at the finish. Boats are strongly recommended to listen to the Race Committee until clear of the finish area. Boats are able to reply on VHF Ch.72 throughout the finish.

7.3. At all Times

VHF Ch.16 - Boats are reminded of their legal obligation to keep a continuous watch on VHF Ch.16 throughout the race.

8. THE COURSES

Courses will be available at the Official Notice Board, 24 hours before the schedule warning signal.

9. MARKS

Mark	Shape	Colour
Start	Conical	Red
Inflatable Course Marks	Cilindrical	Orange
Fixed Course Marks	Harbor Marks	
Finish	Cilindrical	Orange

10. START

- **10.1.** The race will be started by using RRS 26.
- **10.2.** The starting line will be set between flag poles on the race committee vessels with an orange flag.
- **10.3.** A boat starting later than 5 minutes after her starting signal will be scored Did Not Start (changes RRS A4).
- **10.4.** [DP] During any starting sequence sailing boats who are not on starting procedure shall stay at least 200 meters below the starting line and its extensions, until all boats have left the starting area.



11. [NP] RETIREMENTS AND NON-STARTERS

Retirements and non-starters must promptly inform the Race Committee on VHF Ch.72 or by email to: regatas@cncascais.com. It is imperative that boats that are no longer competing can be excluded from any Search & Rescue operation. The expenses of any search and rescue operation by not complying with this SI will be charged to the boat in question.

12. THE FINISH

- **12.1.** All boats shall listen to Race Committee on VHF Ch.72. Race Committee may ask a boat to assist with identification when finishing.
- **12.2.** All boats are reminded to take their own finishing times (UTC+01) together with the names of the boats ahead and astern, if any.

13. PENALTY SYSTEM

13.1. Scoring Penalty:

- (a) When the right-of-way rules of IRPCAS, or government right-of-way rules, apply (between the hours of sunset and sunrise) a time penalty applies.
- (b) A boat takes a time penalty by displaying a yellow flag at the first reasonable opportunity after the incident. She shall include full details of the penalty on her declaration form. Her penalty will be ten minutes added to her elapsed time for each penalty.
- (c) When a scoring penalty does not apply, rule 44.1 is changed so that Two-Turns Penalty is replaced by the One-Turn Penalty.
- (d) A boat that did not start, did not finish, retired or was disqualified shall be scored in real time 7 hours plus 10 minutes. Thereafter will be calculated the corrected time. A boat that is penalized under rule 30.2 or that takes a penalty under rule 44.3(a) shall be scored points as provided in rule 44.3(c).
- 13.2. Other Penalties:
- (a) When the Protest Committee decides that a boat that is party to a protest hearing has broken a rule, the Protest Committee will apply a penalty at her own description. The Penalties will be in real time and thereafter converted to corrected time.

14. TIME LIMITS

14.1. The Time Limit in all races for all boats will be seven hours after the start time. No further finishers will be recorded after this time. This changes RRS35.



15. PROTESTS AND REQUESTS FOR REDRESS

- **15.1.** In addition to RRS 61.1 "A boat intending to protest must inform the race committee finish boat immediately after finishing. If the protester does not finish the race she shall inform the Race Committee Boat as soon as possible or the Race Office immediately after arriving ashore."
- **15.2.** Protest Forms are available at the Race Office or can be lodged electronically at www.racingrulesofsailing.org. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- **15.3.** The protest time limit is 1 hour after the protesting boat finishes.
- **15.4.** Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the jury room, located at CNC facilities.
- **15.5.** Notices of protests by the race committee or protest committee will be posted on the Official Notice Board, to inform boats under rule 61.1(b).

16. SCORING

- **16.1.** The Scoring System defined in Notice of Race 8, will apply.
- **16.2.** The scoring abbreviation for a Standard Penalty is "SP".

17. EQUIPMENT AND MEASUREMENT CHECKS

- **17.1.** A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions.
- **17.2.** On the water, a boat can be instructed by a race committee measurer to proceed immediately to a designated area for inspection.

18. BERTHING

Berthing will be not provided for participating boats. Owners of boats that decide to anchor or mooring at Cascais Bay do it at their own risk and responsibility.

19. [NP]ANTI-DOPING CONTROL

Anti-Doping Controls can be made, in accordance to the WADA/WS specifications. Tests will be made in accordance to WS Regulation 21, Anti-Doping.



20. PRIZES

- **20.1.** The Top 3 in real time will be awarded.
- 20.2. The Mirpuri Foundation Sailing Trophy will be awarded to the Overall winner in real time
- 20.3. The Top 3 boats of the NHC Division in corrected time of the Overall will be awarded.
- **20.4.** The Top 3 boats of the VO65 Class in real time of the Overall will be awarded.
- **20.5.** The Top 3 boats of each division on ORC Class in corrected time of the Overall will be awarded.

21. DISCLAIMER OF LIABILITY

- **21.1.** Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."
- **21.2.** Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
- (a) they are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event:
- (b) they are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- (c) they accept responsibility for any injury, damage or loss to the extent caused by their own actions or omission;
- (d) their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) the provision of a race management team and other officials and volunteers by the event organizer does not relieve them of their own responsibilities;
- (f) they are responsible for ensuring that their boat is equipped and seaworthy so as to face extremes of weather; that there is a crew sufficient in number, experience and fitness to withstand such weather; and that the safety equipment is properly maintained, stowed, in date and familiar to the crew.

22. INSURANCE

Each boat shall ensure that their boat is adequately insured against all third-party claims.

