



BODA Parental Code of Conduct

- I will remember that children participate to have fun and that BODA sailing is for youth, not adults.
- I will inform my child's coach or BODA official of any physical disability or ailment that may affect the safety of my child or the safety of others.
- I will make an effort to learn the rules of sailing as they apply to Optimist sailing.
- I (and my guests) will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all sailors, coaches, officials and spectators at all times.
- I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent such as booing and taunting; refusing to shake hands; or using profane language or gestures.
- I will not encourage any behaviors or practices that would endanger the health and wellbeing of the sailors.
- I will teach my child to sail by the rules and to resolve conflicts without resorting to hostility or violence.
- I will demand that my child treat other sailors, coaches, officials and spectators with respect regardless of race, creed, colour, sex or ability.
- I will teach my child that doing one's best is more important than winning, so that my child will never feel defeated by his or her placement in an event or his/her performance.
- I will praise my child for competing fairly and trying hard, and make my child feel like a winner every time.
- I will not interact with coaches when they are preparing to lead a clinic or are actively involved in coaching. I will wait until after the coaching is complete to approach the coach whether it be a local coach or overseas coach hired by BODA.

- Unless required to do so as part of a normal action as a member of a Race Committee, I (and my guests) will not initiate communication with Gold Fleet sailors regarding the Racing Rules from the Warning Signal of the first race of the day until the Protest Time Limit has expired. All such communication is encouraged to be made with the sailor's Coach.
- I will recognize and respect the sailing areas and respect the rules that apply to BODA race days
- I will never ridicule or yell at my sailor or other participant for making a mistake or losing a competition.
- I will emphasize skill development and practices and how they benefit my sailor over winning.
- I will encourage my sailor to practice in order to enhance their sailing experience
- I will respect the officials and their authority during sailing and will never question, discuss, or confront coaches during sailing, and will take time to speak with coaches and officials at an agreed upon time and place.
- I will demand of my sailor that he or she is free from drugs, tobacco, and alcohol.
- I will do my best to assist BODA and it's activities whenever possible to do so.
- I will do my best to encourage positive, good manners and good sportsmanship in relation to all BODA activities.
- I will not initiate, incite or encourage negative comments, gossip or discussion that may bring the sport of sailing or BODA and it's activities into disrepute.

In addition to the above, I agree to the following for overseas events that are sanctioned by BODA

- If there is a Team Leader, I will not interfere, question, or approach the Team Leader regarding their decisions.
- I will discuss my concerns with the Team Leader at an agreed place and time which may not necessarily be during the event.
- If there is a Country Representative, I will not interfere, question, or approach the Country Representative regarding their decisions.
- I will discuss my concerns with the Country Representative at an agreed place and time, which may not necessarily be during the event.
- I will not interfere, question, or approach the coach regarding their decisions. I will discuss my concerns with the Team Leader to request an audience with the coach at which both the Team Leader and coach would be present. This agreement also holds true if there is a Country Representative.
- When sailors are preparing for the days sailing, I will not rig their sail or make ready their boat unless specifically asked or agreed to by the coach
- When sailors are preparing for the days' sailing I will not take my sailor away without the consent of the coach and or Team Leader. I will ask the Team Leader if I could approach the coach to request taking my sailor for a brief moment

- From the agreed arrival date at an event to the agreed departure date from an event my sailor is under the care and responsibility of BODA approved official(s) and as such I will not make alternative plans for my sailor without first agreeing to this with a BODA approved official(s)
- My sailor will attend training and eat with his or her fellow sailors which may mean that they will not have an opportunity to eat with me unless alternative arrangements had been requested and agreed to by a BODA official.

I also agree that if I fail to abide by the aforementioned rules and guidelines, I will be subject to disciplinary action that could include, but is not limited to the following:

- Verbal warning by BODA Executive
- Verbal warning by BODA sanctioned official or officials if overseas and there is no BODA Executive attending the overseas event
- Written warning
- Parental suspension from attending BODA events locally and well as overseas. A written document of the incident may be kept on file by BODA
- A report may be submitted to the Bermuda Sailing Association for further discipline
- Your sailor being disqualified from a race or series of races
- Your sailor being barred from participating in BODA sanctioned events/clinics/activities

Notwithstanding the above, parents are encouraged to attend and support all of their sailors events whether locally or overseas.