

2nd YAI NORTH EAST REGATTA-2024

1 APR TO 06 APR 2024

Organizing Authority: -

420 CLASS ASSOCIATION OF INDIA
in association with
UMIAM SAILING CLUB & UDAY FOR SAILORS FOUNDATION
under the aegis of
YACHTING ASSOCIATION OF INDIA

SAILING INSTRUCTIONS

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing (RRS)*.
- 1.2 No national prescriptions will apply.
- 1.3 In this sailing instructions, the notations;
- 1.3.1 **[DP]** in a rule means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.
- 1.3.2 **[SP]** denotes a rule for which a standard penalty may be applied by the race committee without a hearing or a discretionary penalty applied by the protest committee with a hearing. This changes rule 63.1 and A5.
- 1.3.3 **[NP]** denotes a rule that shall not be grounds for protest by a boat. This changes rule 60.1(a).
- 1.4 The Equipment Rules of Sailing (ERS) will apply.
- 1.5 Decisions of the protest committee will be final as provided in rule 70.5.
- 1.6 RRS Appendix P will apply as changed by SI 13.1
- 1.7 Appendix T Arbitration will apply.
- 1.8 If there is a conflict between a rule in the notice of race and a rule in the sailing instructions, the rule in the sailing instructions will take precedence. This changes rule 63.7.
- 1.9 If there is a conflict between languages the English text will take precedence.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board.

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted on the notice board before 0830h on the day it will take effect, except that any change to the schedule of races will be posted by 1800h on the day before it will take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the 'Flag Mast' near launching area, at the venue.
- 4.2 When Flag AP is displayed ashore, '1 Minute' is replaced with 'not less than 15 minutes in the race signal AP.'
- 4.3 Rule 40 applies at all time while afloat.

5 SCHEDULE

- 5.1 The Schedule will be as follows:

Date	Event	Time		Venue
31 Mar -1 Apr	Measurement & Registration	31 Mar (1000h -1900h) 1 Apr (1000h – 1400h)		Umiam Sailing Club
1 Apr	Briefing Practice Race	1000 hrs 1530 hrs		Bada Pani Lake

2 Apr	Opening Ceremony	1100 hrs	1400 hrs All classes
	Racing Day 1		

Date	Event	Time		Venue
		AM Session	PM Session	
3 Apr	Racing Days 2	1000hr- First warning signal Optimist	1400hr - First warning signal ILCA,420,29er	Bada Pani Lake
4 Apr	Racing Days 3	1000hr- First warning signal ILCA,420,29er	1400hr - First warning signal Optimist	
5 Apr	Racing Days 4	1000hr- First warning signal Optimist	1400hr - First warning signal ILCA,420,29er	
6 Apr	Reserve Day and Closing Ceremony			

- 5.2 Three races per day is scheduled. One additional race may be sailed.
- 5.3 The scheduled time of the first warning signal for the first race each day is 1000hrs for AM session and 1400hrs for PM session.
- 5.4 The last warning signal for each day is 1300hrs for AM session and 1700hrs for PM session.
- 5.5 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed for at least five minutes before a warning signal is displayed.
- 5.6 On the last scheduled day of racing 6 Apr, no warning signal will be made after 1300 hrs.
- 5.7 Daily coaches meeting will be held at 0830 hrs.

6 CLASS FLAGS

Class flags will be;

Class	Flag
ILCA 7	White flag with ILCA insignia
ILCA 6	Green flag with ILCA insignia
ILCA 4(Boys & Girls)	Yellow flag with ILCA insignia
Optimist (Boys & Girls)	White flag with class insignia
420 mixed(youth)	420 Class Flag
29er	29er Class Flag

7 RACING AREAS

There will be only one racing area in front of launching area.

8 THE COURSES

- 8.1 The diagrams in Attachment-A show the course, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 8.2 The course may be shortened to finish at a rounding mark or gate mark as per rule 32.2(a).
- 8.3 If there is only one mark in the gate position, this mark will be left to port.

9 MARKS

- 9.1 Mark 1E will be yellow cylindrical mark and mark 1 will be Orange Pyramid mark; 2S/2P (Gate) will be yellow cylindrical marks.
- 9.2 Starting marks will be race committee vessel and a Port End Pink Circular Mark.
- 9.3 Finishing marks will be a race committee vessel and Pink Circular Mark.

10 AREAS THAT ARE OBSTRUCTIONS

Obstruction is marked with the help of bamboo stick with a red flag.

11 THE START

- 11.1 The race shall be started using Rule 26 with the warning signal made 5 minutes before the starting signal.
- 11.2 The starting line will be between a staff displaying an orange flag on the race committee signal vessel at the starboard end and the course side of a circular pink mark
- 11.3 **[DP] [NP]** Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 11.4 A boat that does not start within 4 min after her starting signal will be scored DNS without hearing. This changes RRS A4 & A5.

12 THE FINISH

The finishing line will be between a staff displaying a blue flag on the race committee finish vessel and the course side of a circular pink mark.

13 PENALTY SYSTEM

- 13.1 RRS P2.3 does not apply and RRS P2.2 is changed so that it applies to any penalty after the first one.
- 13.2 For 29er class, the Two-Turns Penalty is replaced One -Turn Penalty. This changes RRS 44.1 and RRS P2.1

14 TIME LIMITS AND TARGET TIME

- 14.1 Time limits and target times (in minutes) are as follows;

Class	Time limit	Mk 1 time limit	Target time
ILCA 7 & 6	50	15	30
ILCA 4	45	15	30
Optimist	50	15	30
420 mixed(youth)	50	15	30
29er	50	10	20

- 14.2 Boats failing to finish within 10 minutes after the first boat of that class sails the course and finishes, shall be scored Did Not Finish (DNF). This changes Rule 35 and A4 & A5.

15 PROTESTS AND REQUESTS FOR REDRESS

- 15.1 A boat intending to protest, must inform the race committee finishing vessel immediately after finish.
- 15.2 Protest forms will be available at the race office. Protests shall be delivered there within the protest time limit.
- 15.3 Protest time limit is 45 minutes after the last boat has finished in the morning or evening session for the classes racing in that session, or RC signals no more racing for that session, whichever is later.
- 15.4 This time limit also applies to all protests by the race committee, protest committee and technical committee.
- 15.5 Notices will be posted no later than 30 minutes of the protest time limit to inform competitors of hearings in which they are party or named as witnesses. Hearings will be held at the PC room.

15.6 On the last day of racing, a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.

16 **SCORING**

16.1 Five races will be required to be completed to constitute a championship.

16.2 (a) When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.

(b) When 5 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

17 **SAFETY REGULATIONS**

17.1 **[NP] [SP] Check-Out and Check-In Procedures:**

(a) Each boat shall personally Check-Out on the forms provided at the Beach Desk prior to launching but not later than the first scheduled warning signal of her race of that day.

(b) One penalty point will be added to the finishing position; in the first race of the day for failure to Check-Out and last race of the day for failure to Check-In.

(d) Penalty points will be implemented by the race committee without a hearing. This changes rules 63.1 and A5.

(e) Beach Master Desk will be located near launching area.

17.2 **[DP] [NP]** All competitors shall wear personal flotation devices at all times whilst afloat. This changes rule 40 and the preamble of Part 4.

17.3 Competitors who require assistance should so signify by blowing a whistle or waving their arms. The race committee reserves the right to assist competitors who, in the opinion of the race committee, require assistance regardless of the wishes of the competitor. This will not be subject to giving redress. This changes rule 62.1(a).

17.4 **[NP] [DP]** A boat that retires from a race shall notify the race committee as soon as possible. On return to shore, boats that have retired from any race shall also complete retirement declaration at the race office before the protest time limit.

17.5 Wet suits and dry suits are not personal flotation devices.

18. **[NP] [DP] REPLACEMENT OF CREW OR EQUIPMENT**

18.1 Substitution of competitors will not be allowed without prior written approval of the race committee.

18.2 Substitution of damaged or lost equipment will not be allowed unless authorized by technical committee. Requests for substitution shall be made to the technical committee at the first reasonable opportunity.

19 **[NP] [DP] EQUIPMENT AND MEASUREMENT CHECKS**

19.1 All competitors shall present their boats for inspection by the technical committee before the start of the event. Boats shall be presented fully rigged.

19.2 Measurements will take place at the boat park of Umiam sailing club.

19.3 Measurements outside these times may be allowed at the discretion of the technical committee.

19.4 A boat or equipment may be inspected at any time for compliance with class rules and sailing instructions. On the water, a boat can be instructed by technical committee to proceed immediately to a designated area for inspection.

20. **[NP] [DP] EVENT ADVERTISING**

Boats shall display event advertising as supplied by Organizing Authority.

21. **OFFICIAL VESSELS**

21.1 Official vessels will be marked as follows:

Official vessel	Designation
Race committee vessels	Orange flag
Jury vessels	White flag with in black J

Technical committee vessel	White flag with TO in black.
PRO	White flag with PRO in black
Rescue vessels	White flag with RESCUE in black.

22 **SUPPORT VESSELS**

- 22.1 **[DP]** Team leaders, coaches and support personnel shall stay minimum 100 meters away from the areas where boats are racing at all time, when racing of any class is under progress. Support vessels to be registered and shall be marked with white flags at all time when afloat.
- 22.2. **[DP]** Support/Coach vessel shall be registered at race office. Non registered support vessels will not be allowed to launch from the event venue.
- 22.3. The Organizing Authority may, at its discretion refuse coach/support vessels' entry to the venue if they are deemed unsuitable.

23 **[DP] [NP] TRASH DISPOSAL**

See rule 47. Boats shall not intentionally put trash on the water. Trash may be placed aboard support and official vessels.

24 **[DP] [NP] RADIO COMMUNICAION**

Except in an emergency, a boat that is racing shall not make or receive radio/data transmission including text messages.

25 **PRIZES**

Prizes will be given as stated in the Notice of Race. Organizing Authority may give additional prizes.

26 **DISCLAIMER OF LIABILITY**

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority or any of its office bearers will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta on water or on shore.

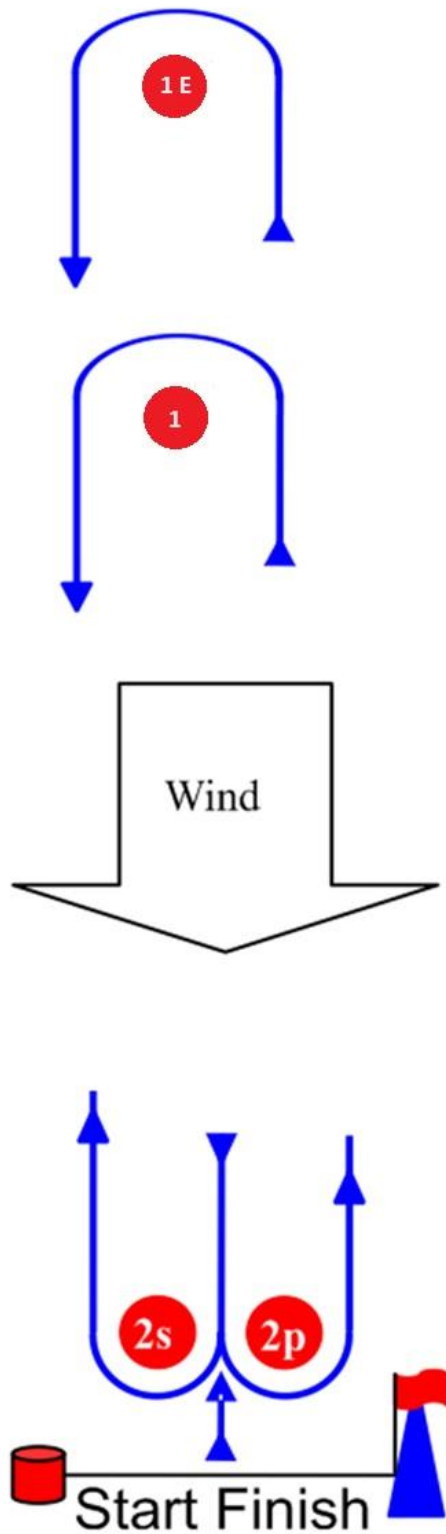
27 **[DP] [NP] INSURANCE**

Personal accident and death insurance is the sole responsibility of each competitor. Also, each participating boat is wholly and exclusively responsible for third party liability insurance on the boat he or she is sailing.

28 **[DP] [NP] MEDIA INTERACTION**

- 28.1 Media interaction at Umiam Sailing Club at the conclusion of races will be conducted.

Attachment – A



Class	Course
ILCA6 ILCA7 420 29er	Start – 1E – 2p/2s – 1E – Finish
ILCA4 Optimist	Start – 1 – 2p/2s – 1 - Finish