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MIRPURI  
FOUNDATION  
SAILING TROPHY

# SAILING INSTRUCTIONS

## Optimist

9<sup>th</sup> & 10<sup>th</sup> JULY 2022  
CASCAIS - PORTUGAL

## SAILING INSTRUCTIONS

### ORGANIZATION

Clube Naval de Cascais and the Mirpuri Foundation establish this Notice of Race with the support of Associação Regional de Vela do Centro, for the Mirpuri Foundation Sailing Trophy "Youth Challenge", which will be held on the 9th and 10th of July at the venue of Cascais.

This Sailing Trophy is for the youngest participants and consists of diverse races across various famous classes. Held close to shore, these short and exciting races will see some of the closest and most competitive racing.

### ABBREVIATIONS

<b>SP</b>	Denotes a rule for which a standard penalty may be applied by the Race Committee or Technical Committee without a hearing or a discretionary penalty applied by the International Jury with a hearing.
<b>NP</b>	Rules that are not ground for protest or redress by a boat. (changes RRS 60.1)

## 1. RULES

- 1.1. The event will be governed by the "Rules" as defined in the Racing Rules of Sailing (RRS).
- 1.2. In case of conflict, the Sailing Instructions prevail over the Notice of Race. This changes RRS 63.7.
- 1.3. Competitors may be required to display advertising chosen by the Organizing Authority in accordance with World Sailing (WS) Advertising Code - Regulation 20.3.1(a). Any required advertising material and instructions for their use, shall be distributed at the registration.
- 1.4. RRS 90.3(e) will apply.

## 2. NOTICES TO COMPETITORS

- 2.1. All notices to competitors will be posted on the Official Notice Board on: <https://www.racingrulesofsailing.org/documents/4393/event>
- 2.2. When a notice is posted, code flag "L" will be displayed at the official flag pole.

### 3. CHANGES TO SAILING INSTRUCTIONS

- 3.1. Any change to the sailing instructions will be posted at least one hour before the 1st scheduled warning signal for the first race of the day on the day it will take effect.
- 3.2. Any change to the schedule of races will be posted before the end of the protest time limit of the day before it will take effect.

### 4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed at the official flag pole located at the CNC South Quay. The mast will display CNC flag.
- 4.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.

### 5. SCHEDULE OF RACES

#### 5.1. Program

Date	Time	Event	Number of races planned
Saturday, 9th July	13:00	Warning signal 1 <sup>st</sup> race of the day	3
Sunday, 10th July	TBA	Warning signal 1 <sup>st</sup> race of the day	3

- 5.2. The format of racing will be one single fleet.
- 5.3. When there has been a long postponement and when more than one race (or sequence or races) will be sailed on the same day, the warning signal for the first race and each succeeding race will be made as soon as practicable. To alert boats that a race or sequence of races will begin soon, the Race Committee will display an orange flag for at least 5 minutes before a warning signal is displayed.
- 5.4. Number of Races: 6 races are scheduled.
- 5.5. No more than 4 races will be sailed per day.
- 5.6. On the last day of the regatta no warning signal will be made after 15:00.

### 6. CLASS FLAGS

- 6.1. Class Flag will be white with the class logo.

## 7. RACING AREAS

7.1. Attachment A shows the location of racing areas.

7.2. Racing areas are defined as follows:

- (a) Before the warning signal: 100 meters from the starting line;
- (b) After the warning signal: no less than 100 meters of an imaginary line defined by the furthest place where a racing boat can be.

## 8. THE COURSES

8.1. The diagrams in Attachment B show the courses, including the order in which marks are to be passed, and the side on which each mark is to be left.

8.2. Courses can be shortened, from the time when boats have completed 3 legs (changes RRS 32).

8.3. When there is a gate, boats shall sail between the gate marks from the direction of the previous mark and round either gate mark.

8.4. At any time, the gate marks can be substituted by a single mark, which shall be rounded to port.

## 9. MARKS

9.1 Marks

Mark	Shape	Colour
Start	Conical	Yellow
Course Marks	Conical	Red
Finish	Dan buoy with flag	Orange Flag
New Mark	Conical	Yellow

9.2 A race committee boat signalling a change of a leg of the course is a mark as provided in SI11.2.

## 10. START

10.1. The starting line will be set between flag poles on the race committee vessels with an orange flag or with race committee signal boat displaying an orange flag and the start mark.

10.2. A boat starting later than 4 minutes after her starting signal will be scored Did Not Start (changes RRS A4).

## 11. CHANGE OF THE NEXT LEG OF THE COURSE

**11.1.** To change the next leg of the course, the race committee will lay a new mark (or move the gate or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

**11.2.** Except at a gate, boats shall pass between the race committee boat signalling the change of the next leg and the nearby mark, leaving the mark to port and the race committee boat to starboard (changes RRS 28.1).

## 12. THE FINISH

**12.1.** The finish line will be between a mast with a blue flag at the race committee boat and the finish mark.

**12.2.** If the race committee, at the finishing position have displayed code flag "L", this means that another race will be started as soon as possible (changes RRS race signals).

## 13. PENALTY SYSTEM

**13.1.** **NP**[**DP**] A boat that have done a penalty in accordance to RRS 44.1, or that has retired from a race, must sign a declaration form at the race office, within the protest time limit.

## 14. TIME LIMITS

**14.1.** [**NP**] Each Race will have a Target Time of approximately 45 minutes.

**14.2.** The time limit for the first boat to finish is 90 minutes.

**14.3.** [**NP**] Time limit to pass mark number 1 is 30 minutes. If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned.

**14.4.** Boats failing to finish within 20 minutes after the first boat sails the course and finishes will be scored Did Not Finish (changes rules 35, A4 and A5).

## 15. PROTESTS AND REQUESTS FOR REDRESS

**15.1.** In addition to RRS 61.1 – "A boat intending to protest must inform the race committee finish boat immediately after finishing. If the protester does not finish the race she shall inform the Race Committee Boat as soon as possible or the Race Office immediately after arriving ashore."



- 15.2.** Protest Forms are available at the Race Office or can be lodged electronically at [www.racingrulesofsailing.org](http://www.racingrulesofsailing.org). Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 15.3.** The protest time limit is 60 minutes after the last boat of that class has finished the last race of the day. The same time limit applies to protests by the race committee and protest committee about incidents they observe in the racing area and to requests for redress (changes RRS 61.3 and 62.2).
- 15.4.** Notices will be posted within 15 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the jury room, located at CNC facilities.
- 15.5.** Notices of protests by the race committee or protest committee will be posted on the Official Notice Board, to inform boats under rule 61.1(b).

## **16. SCORING**

- 16.1.** 1 race is required to be completed to constitute a series.
- 16.2.** When fewer than 4 races have been completed, a boat's series score will be the total of her race scores.
- 16.3.** When 4 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 16.4.** To request a correction of a race result, competitors must fill a form available at the race Office.

## **17. [NP] SAFETY REGULATIONS**

- 17.1.** During races the responsible of the safety is the race committee chairman and is him who shall take all decision regarding this matter.
- 17.2.** In case of emergency, the race committee boat can hoist code flag "V" and all boat referred in instruction 21 can enter the race area for rescue operations, and giving support to all the fleet.
- 17.3.** No non identified vessel can circulate within the race area defined in this sailing instructions, from the warning signal till all boat have finished the race, except in case of emergency, as specified in SI 17.2.
- 17.4.** [DP] A boat that retires from a race shall notify the race committee as soon as possible.
- 17.5.** [DP] A boat ashore shall remain in their assigned place/berth.
- 17.6.** [DP] A boat shall not sail inside the Marina. Competitors shall wait for the towing from the marina staff when they want to go afloat and when they are coming back ashore.

## 18. [NP][DP] REPLACEMENT OF CREW OR EQUIPMENT

**18.1.** Substitution of competitors will not be allowed without prior written approval of the race committee.

**18.2.** Substitution of damaged or lost equipment will not be allowed unless approved by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

## 19. EQUIPMENT AND MEASUREMENT CHECKS

**19.1.** A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions.

**19.2.** On the water, a boat can be instructed by a race committee measurer to proceed immediately to a designated area for inspection.

## 20. OFFICIAL BOATS

Official boats will be marked as follows:

Category	Category
Race Committee Boats	White flag with RC
Press Boats	White flag with Press

## 21. [NP]SUPPORT BOATS

**21.1.** Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or the race committee signals a postponement, general recall or abandonment.

**21.2.** At all times, support boats must be on call on VHF Channel 68 and must comply with the directions given by the Race Committee. In particular this includes assisting with rescues when requested to do so.

## 22. [NP][DP] HAUL-OUT RESTRICTIONS

Keelboats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the race committee.

**23. [NP]ANTI-DOPING CONTROL**

Anti-Doping Controls can be made, in accordance to the WADA/WS specifications. Tests will be made in accordance to WS Regulation 21, Anti-Doping.

**24. RADIO COMMUNICATION**

A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

**25. PRIZES**

**25.1.** Top 3 boats of each class of the overall.

**25.2.** The first female boat if 3 or more female boats on that class are racing.

**26. DISCLAIMER OF LIABILITY**

Competitors participate in the regatta entirely at their own risk. See RRS 3, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

**27. INSURANCE**

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of €305,000 per event or the equivalent.

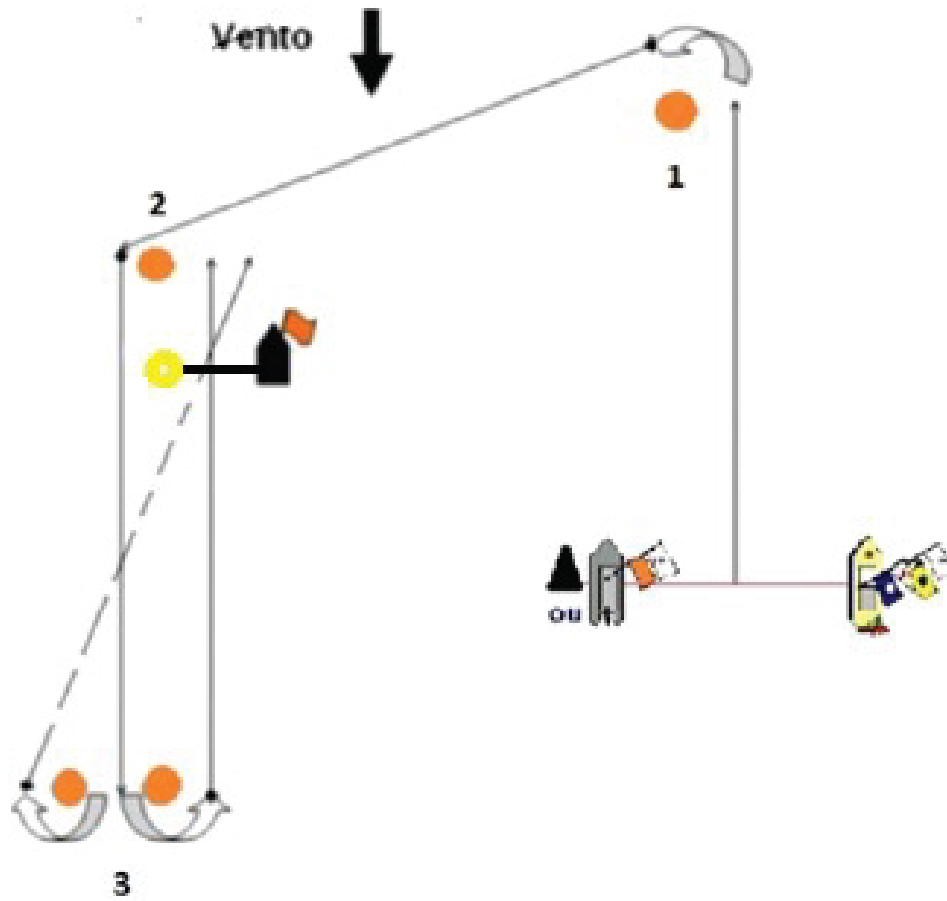


**ATTACHMENT A**  
**Racing Areas**



Race Area	Distance	Dir.	Latitude	Longitude
A	2,0 Nm	190°	38,40.000 N	009,26.000 W
B	2,0 Nm	140°	38,40.000 N	009,23.000 W

ATTACHMENT B



Start - 1 - 2 - 3P/3S - Finish

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