



## SAILING INSTRUCTIONS

### ORGANIZING AUTHORITY

The "13<sup>th</sup> NOA REGATTA 2023" is organized by the Nautathletic Club of Alexandroupolis in conjunction with the Municipality of Alexandroupolis and the Region of East Macedonia & Thrace under the authority of the Hellenic Sailing Federation.

The Regatta will be held on Thracian Sea in front of the port of Alexandroupolis.

### 1. RULES

- 1.1. The event will be governed by the 'rules' as defined in *The Racing Rules of Sailing (RRS) 2021 – 2024*.
- 1.2. National Authority prescriptions will apply.
- 1.3. Class Rules ILCA, shall apply
- 1.4. Rule 61.1 'Informing the Protestee' is changed as follows:  
Add to rule 61.1(a) 'Immediately after finishing she shall inform the race committee (RC) at the finishing line of the boat/s she is protesting. The protesting boat shall be sailing along the RC finishing boat starboard side, until the RC confirms the acceptance of the protest.'
- 1.5. Sails shall have the full sail number and **NATIONAL LETTERS** in accordance with the Class Rules and the RRS. The national letters shall denote the National Authority of which the sailor is a member in accordance with RRS 75 and with 4.1 Entry Regulations below. This changes RRS Appendix G 1.1.
- 1.6. Rule 7 (a) of the ILCA class rules is restricted as follows: "Only one person shall be on board whilst racing. The person shall be named on the entry form."
- 1.7. Appendix P "Special Procedures for Rule 42" will apply with changes to include; allowing a jury-initiated redress, a points penalty for a first penalty given after finishing and to prohibit a boat that has been disqualified for a rule 42 infringement or has retired in recognition of a rule 42 infringement from sailing in the race if that race is restarted or re-sailed. RRS P2.3 will not apply and RRS P2.2 is changed so that it will apply to any penalty after the first one.
- 1.8. Appendix T "Arbitration" will not apply. This changes NOR 1.7.
- 1.9. In all rules governing this regatta;
  - 1.9.1 **(DP)** denotes a rule for which the penalty is at the discretion of the International Jury; and
  - 1.9.2 **(NP)** denotes a rule that shall not be grounds for protests by a boat. This changes RRS 60.1(a).
- 1.10. In case of conflict between NoR and SI, the Sailing Instructions and following Notices will prevail (this changes RRS 63.7)
- 1.11. If there is a conflict between languages the English text will take precedence.





## 2 [DP][NP] ADVERTISING, IDENTIFICATION, CAMERAS AND ELECTRONIC EQUIPMENT

- 2.1 Boats shall display event sponsor advertising, if required by the organizing authority. The organizing authority will supply the advertising and instructions for their use.
- 2.2 Boats may be required to carry cameras, sound equipment or positioning equipment as specified by the organizing authority.
- 2.3 The use of other cameras, sound equipment or positioning equipment will not be allowed.

## 3 [DP] CODE OF CONDUCT

- 3.1 Competitors and support persons shall comply with any reasonable requests from a regatta official.
- 3.2 Competitors shall handle any boats or equipment provided by the organizing authority with proper care and seamanship, and in compliance with any written instructions.
- 3.3 [SP] Boats not racing shall avoid the area where boats are racing and any official boats.
- 3.4 The OA may reduce or remove a prize in the case of misconduct or refusal to comply with any reasonable request, including attendance at official functions.

## 4 NOTICE TO COMPETITORS

Notices to competitors will be posted on the official notice board at the <https://www.racingrulesofsailing.org/documents/6236/event>

## 5 CHANGES TO THE SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted two (2) hours before the race it will take effect, except that any change to the schedule of races will be posted by 20:00 on the day before it will take effect.

## 6 SIGNALS MADE ASHORE

- 6.1 Signals made ashore will be displayed from the official flagpole located over the clubhouse.
- 6.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in the race signal AP.

## 7 FORMAT OF RACING

### 7.1 ILCA 6 and ILCA 4 classes

- 7.1.1 The regatta will consist of Single Series with 9 races for ILCA 6 and ILCA 4 classes. This changes NOR 5 (Schedule)
- 7.1.2 Classes may be grouped to start together. See SIs 13.5

### 7.2 Optimist class

The regatta will consist of Single Series with 9 races for the Optimist class. This changes NOR 5 (Schedule)

## 8 SCHEDULE OF RACES

### 8.1 Program

DATE	TIME	SCHEDULE
Wednesday June 21 <sup>st</sup>	10:00 – 20:00	Registration,
	20:00	Opening Ceremony
Thursday June 22 <sup>nd</sup>	10:15	Coaches meeting,
	12:00	First warning signal for Optimist & ILCA classes





Friday	June 23 <sup>rd</sup>	TBA	Races for Optimist & ILCA classes
Saturday	June 24 <sup>th</sup>	TBA 18:30	Races for Optimist & ILCA classes Prize Giving and Closing Ceremony

- 8.2 Up to 3 races to be sailed each day for Optimist, ILCA 4 and 6. The RC may sail up to 4 races during a racing day in case racing is behind schedule or forecast for the next day looks not sailable.
- 8.3 On the last day of racing, no warning signal will be made after 17:00.

## 9 CLASS FLAGS

ILCA 6: The class flag will be a blue flag with the Laser logo

ILCA 4: The class flag will be a yellow flag with the Laser logo

Optimist: The class flag will be a white flag with the Optimist logo

If two or more classes start together, all relevant classes flags will be used together.

## 10 RACING AREA

The racing area will be off Alexandroupolis harbour as shown at Attachment 3.

## 11 THE COURSE

- 11.1 The diagram in Attachment 1 shows the course, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

## 12 MARKS

- 12.1 Marks 1, 2, 3s and 3p will be red cylindrical inflatable buoys, 4s and 4p will yellow cylindrical inflatable buoys.
- 12.2 New mark will be yellow cylindrical inflatable buoy.
- 12.3 Starting marks will be two race committee starting boats, one on the starboard side displaying an orange flag with RC and a second one on the port side with a staff displaying an orange flag with RC
- 12.4 The finishing marks will be a race committee finishing boat on the one side and a buoy with a staff displaying a blue flag on the other side.

## 13 THE START

- 13.1 The starting line will be between staffs displaying orange flags with RC on the starting marks.
- 13.2 To alert boats that a race or sequence of races will begin soon, the orange starting line flags will be displayed with one sound signal at least 5 minutes before a warning signal is made.
- 13.3 The starting procedures will be according to RRS 26.
- 13.4 **[DP][NP]** When the warning signal for the first class has been made, boats from other classes shall be in the pre-start area, well clear of the starting area. The starting area is defined as a rectangle 100 meters from the starting line and marks in all directions.
- 13.5 The Race Committee may start together more than one class by displaying their class flags together with the warning signal.
- 13.6 **[DP][NP]** Boats that have finished shall clear the finishing line, keeping well clear of all boats racing and of all boats whose warning signal has been made.
- 13.7 A boat starting later than 4 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes rules A4 and A5.





## 14 CHANGE OF THE NEXT LEG OF THE COURSE AND SHORTENING THE COURSE

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- 14.1 To change the next leg of the course, the race committee will lay a new mark; When a new mark is laid, the original mark will be removed as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by the original mark.

## 15 THE FINISH

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The finishing line will be between staffs displaying blue flags on the finishing marks.

## 16 PENALTY SYSTEM

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- 16.1 A boat that has taken a penalty or retired according to rule 44.1 shall complete an acknowledgement form at the <https://www.racingrulesofsailing.org/documents/6236/event> within the protest time limit.
- 16.2 The penalty for breaches of Class Rules and instructions 4.3, 13.2, 13.3, 16.1, 20, 24, 26 and 27 may be less than disqualification if the jury so decides. The scoring abbreviation for a discretionary penalty imposed under this instruction will be DPI.

## 17 TIME LIMITS

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- 17.1 Time limits are as follows:

Time limit	Mark 1 time limit	Finish window	Race Target time
75 minutes	30 minutes	15 minutes	40-45 minutes

- 17.2 If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned. Failure to meet the target time will not be grounds for redress. This changes rule 62.1(a).
- 17.3 Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored Did Not Finish (DNF) without a hearing. This changes rules 35, A4 and A5

## 18 PROTESTS AND REQUESTS FOR REDRESS

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- 18.1 Protest forms are available at: <https://www.racingrulesofsailing.org/documents/6236/event>.
- 18.2 Protests and requests for redress or reopening shall be delivered there within the appropriate time limit, on line or at the race office.
- 18.3 For each class, the protest time limit is 60 minutes after the last boat has finished the last race of the day or racing has been postponed or abandoned for the day.
- 18.4 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room beginning at the time posted. Hearings may be scheduled to begin up to 30 minutes before the end of the protest time.
- 18.5 Notices of protests by the race committee or protest committee will be posted to inform boats under RRS 61.1(b).
- 18.6 A list of boats that have been penalized under Appendix P for breaking RRS 42 will be posted.
- 18.7 Penalties for breaches of the RRS, Class Rules, RRS 47 or rules in the NoR and SIs marked **[DP]** or **[SP]** should the case go to a hearing, are at the discretion of the International Jury. A boat may accept a discretionary penalty for the breaches stated above before a hearing concerning the same incident by completing a form available at the: <https://www.racingrulesofsailing.org/documents/6236/event>
- 18.8 For breaches of the SIs marked **[SP]** the race committee may apply a standard penalty without a hearing. A list of these breaches and the associated standard penalties will be posted on the <https://www.racingrulesofsailing.org/documents/6236/event>
- 18.9 However, the race committee may protest a boat when they consider the standard penalty to be inappropriate. A boat that has been penalised with a standard penalty can neither be





protested for the same incident by another boat nor can another boat request redress for this race committee action. This changes RRS 60.1, 63.1 and Appendix A5.

18.10 On the last scheduled day of racing a request for redress based on a jury decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2

## 19 SCORING

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19.1 The Low Point System of RRS Appendix A will apply.

19.2 To request correction of an alleged error in posted race or series results, a boat may complete a scoring enquiry form available at the:

<https://www.racingrulesofsailing.org/documents/6236/event>

19.3 At least 3 races are required to be completed to constitute the regatta series.

19.4 Discards:

19.4.1 When fewer than 3 races have been completed, a boat's series score will be the total of her race scores.

19.4.2 When 3 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

## 20 [DP][NP] SAFETY REGULATIONS

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20.1 **[SP]** A boat retiring from a race shall notify a race committee or safety boat before leaving the course or if that is not possible, shall notify the regatta office as soon as possible after returning ashore and shall complete the relevant form available at the <https://www.racingrulesofsailing.org/documents/6236/event> .

20.2 **[SP]** Each day of competition the Coaches or Team Leaders shall notify the race office before going afloat, of the boats not intending to race that day.

20.3 Competitors who require assistance may blow a whistle or wave the paddle or one arm. The race committee reserves the right to assist competitors who in their opinion require assistance, regardless of the wishes of the competitor. This will not be grounds for redress. This changes rule 62.1(a).

## 21 [DP][NP] SUBSTITUTION OF CREW OR EQUIPMENT

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21.1 Substitution of damaged or lost equipment will not be allowed unless approved in writing by the Race Committee. Requests for substitution shall be made to the Race Committee at the first reasonable opportunity.

21.2 Substitution of damaged equipment may be permitted provided the relevant form has been completed at the Race Office and both the damaged and the substituting equipment has been inspected by the Race Committee.

21.3 If the substitution was made on the water between races, both the damaged and the substituting equipment shall be presented to the Race Committee after the end of the day's racing. The substitution is subject to the approval of the Race Committee given retrospectively.

## 22 [DP][NP] EQUIPMENT AND MEASUREMENT CHECKS

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22.1 All boats shall have valid measurement certificates.

22.2 A boat or equipment may be inspected at any time for compliance with the Class Rules, the Notice of Race and the Sailing Instructions.

22.3 On the water, a boat can be instructed by the Race Committee or by the Technical Committee to proceed immediately to a designated area for inspection.





## 23 OFFICIAL BOATS

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Official boats will be marked as follows:

DESCRIPTION	FLAG
Race Committee	Flag "RC"
Jury	Flag "JR"
Press/Media boats	Flag "PR"

## 24 SUPPORT BOATS

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Attachment 3 - Support Boat Regulations shall apply to all support boats.

## 25 [DP][NP] BERTHING

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When berthed, boats shall be kept in their assigned place in the boat park.

## 26 [DP][NP] TRASH DISPOSAL

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Boats shall not put trash in the water. Trash may be placed aboard support and race committee boats.

## 27 [DP][NP] RADIO COMMUNICATION

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- 27.1 A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats, except in an emergency or when using equipment provided by the race committee. This restriction also applies to mobile telephones.
- 27.2 The Race Committee will communicate at VHF channel 72.

## 28 PRIZES

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Prizes will be awarded in accordance with the Notice of Race.

## 29 DISCLAIMER OF LIABILITY

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- 29.1 Competitors and support team participate in the regatta entirely at their own risk and they are reminded of the provisions of RRS 3, Decision to Race. Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
1. They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
  2. They are responsible for the safety of themselves, their crew, their boat and their property whether afloat or ashore;
  3. They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
  4. By participating in any race, they are satisfied that their boat is in good order, equipped to sail in the event and they are fit to participate;
  5. The provision of a race management team, patrol boats, umpires and other officials and volunteers by the organiser does not relieve them of their own responsibilities;
  6. The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.
- 29.2 The Organizing Authority and all parties involved in the regatta organisation will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior





to, during, or after the regatta.

### **30 RIGHTS TO USE NAME AND LIKENESS**

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By participating in the regatta competitors automatically grant to the organizing authority and their sponsors the right in perpetuity to make, use and show, from time to time at their discretion any motion pictures, still pictures and live, taped or filmed television and other reproductions of the athlete during the championship, and of all of his or her material related to the regatta, without compensation.

### **31 INSURANCE**

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Each competitor shall be insured with valid third-party liability insurance with a minimum cover of €540.000 per event or the equivalent. A certificate of such insurance shall be shown during registration. The Organizing Authority is not responsible for verifying the status or validity of certificates





### **INTERNATIONAL JURY**

Henry Sleutel	IJ (NED) Chairman
Pierluigi De Luise	IJ (CRO)
Yannis Kleidonas	IJ (GRE)
Cristian Tabacu	NJ (ROM)
Vasilis Pigadas	NJ (GRE)
Costas Tsantilis	NJ (GRE)

### **RACE COMMITTEE**

Ioannis, Pavlidis NRO / GRE  
Maria Tsekoura NRO/GRE  
Michalis Karastamatis NRO/GRE  
Thodoros Giannakidis  
Natalia Tamvakidou  
Angelos Simsirikis  
Vaios Tsoukalas  
Angelos Anasoglou  
Eirini Riga  
Dimitra Papachristou  
Kostas Grammenoudis  
Aristotelis Pliakis  
Bin Gul  
Nikos Maltezos  
Yannis Chatzikonstantinidis  
Leonidas Koutellas

### **SECRETARY**

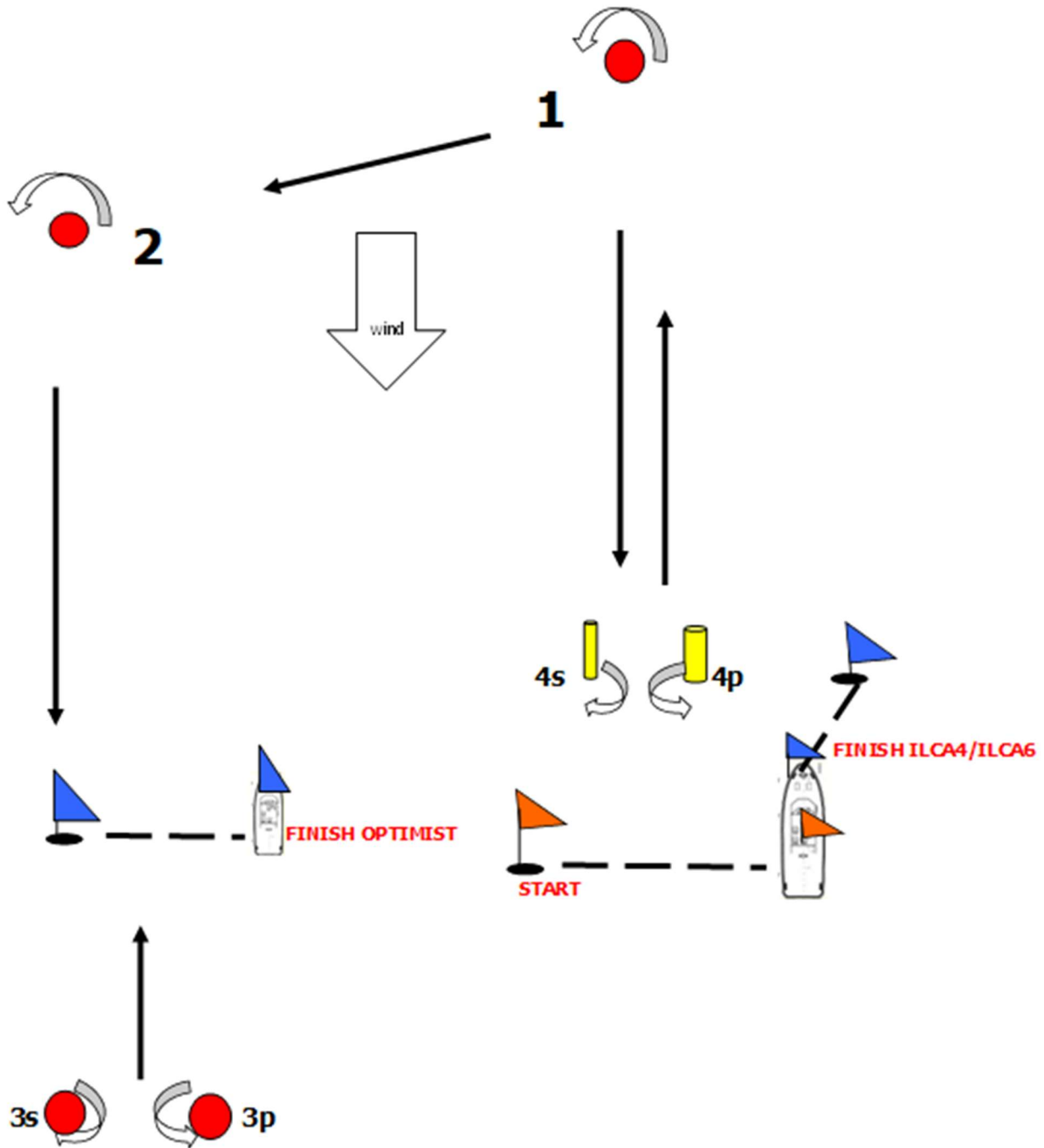
Marianna Chatzopoulou  
Ioanna Blakou







# ATTACHMENT 1



**COURSE OPTIMIST** : START - 1 - 2 - 3s/3p - FINISH OPTIMIST

**COURSE ILCA4/ILCA6**: START - 1 - 4s/4p - 1 - 4p - FINISH ILCA4/ ILCA6





## ATTACHMENT 2: THE RACING AREA





## Attachment 3 – Support Boats Regulations

### 1. GENERAL

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- 1.1. These Support Boat Regulations (SBR) shall apply from 00:00 on 21<sup>st</sup> of June 2023 until 23:59 on 24<sup>th</sup> of June 2023.
- 1.2. For the purposes of these regulations, a support boat includes any boat that is under the control or direction of a person who is or may provide physical or advisory support to an athlete, including the gathering of data that may be used at a later time.
- 1.3. The Organizing Authority may inspect boats at any time to ensure that they comply with these regulations, and the person responsible for the boat shall facilitate such inspection.
- 1.4. An alleged breach of any of these regulations may be referred to the Protest Committee for a hearing. As a result of the hearing, the Protest Committee may instruct the Organizing Authority to withdraw accreditation and access rights from the driver or person in charge, with or without the option of substitution, either for a specified period or for the remainder of the competition. Note also, action may be taken under RRS 69.
- 1.5. The Organizing Authority may change these regulations at any time. Any changes will be posted on the official notice board and circulated to team leaders.
- 1.6. The Organizing Authority may, at its discretion, refuse to register support boats not deemed to be suitable.
- 1.7. Support boats and designated drivers shall be registered at the regatta office during registration procedure.
  - 1.7.1. Each boat shall be insured with valid third-party liability insurance. The Organizing Authority is not responsible for verifying the status or validity of certificates.
  - 1.7.2. Only an accredited person may be a designated driver.
  - 1.7.3. The person registering the support boat shall confirm that:
    - 1.7.3.1. A valid insurance certificate showing proof of third-party liability coverage as required by 1.7.1 has been obtained;
    - 1.7.3.2. Each designated driver has a motorboat driving license recognized by a national authority appropriate to that boat; and
    - 1.7.3.3. Anyone who will be using a radio has an appropriate radio operation license recognized by a national authority.

### 2. SAILING VENUE

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- 2.1. Support boats shall use the designated slipway/area for launching. Once launched, trailers shall be moved immediately to the trailer park or as otherwise directed by the Organizing Authority.
- 2.2. Only registered support boats will be allowed into the sailing venue.
- 2.3. When not in use, support boats shall be appropriately berthed at the sailing venue in the allocated areas for support boats for the entire time that these Support Boat Regulations apply.<sup>11</sup>
- 2.4. Support boats shall not use the dinghy launching slipways or keelboat pontoons for any purpose whatsoever, including mooring, launching and retrieval, and loading and unloading of equipment.

### 3. SAFETY

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- 3.1. Support boats shall carry on board:
  - a) life jackets / buoyancy aid for all passengers and the driver
  - b) first-aid kit;
  - c) VHF radio;
  - d) device for making a sound signal;





- e) compass;
  - f) adequate anchor and tackle for conditions and depth;
  - g) tow rope (minimum 15m long and 10mm thick);
  - h) operational engine kill cord (also known as a safety lanyard or automatic engine immobilizer);
  - i) hand pump or bailer
  - j) knife; and
  - k) any additional safety equipment required by local maritime law.
- 3.2.** Rule 40 applies at all times while coach boats are afloat on the water.
- 3.3.** Kill cord shall be used at all times when the engine is running on the support person vessel.
- 3.4.** The maximum plated / certified passenger limits for the boat shall never be exceeded.
- 3.5.** Team leaders are responsible for overseeing the safe operations of their support boats on the water, including knowledge of who is afloat and ensuring their safe return to the venue.
- 3.6.** At all times, the registered driver(s) of a support boat shall comply with directions given by a race official. In particular, this includes assisting in rescue operations when requested to do so.
- 3.7.** In accordance with RRS 37 all registered support person vessels shall act as assistance / rescue boats in case of need and shall comply with any instruction given by the Race Committee on the designated VHF Channel 72 or the Organizing Authority.
- 3.8.** Support boats shall comply with local harbor and marina regulations, including speed limits.

#### **4. GENERAL RESTRICTIONS**

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- 4.1.** The registered driver(s) of a support boat will be responsible for the control of the boat at all times and will be held responsible for any inappropriate behavior, dangerous actions or improper practices, or actions affecting the fairness or safety of competition.
- 4.2.** Support boats shall not leave any device, piece of equipment, buoy, marker or similar item permanently in the water. Temporary use of floating objects is allowed for current measurement. These objects shall be removed as soon as the measurement has been taken.
- 4.3.** Support boats should take particular care to minimize their wash when transiting the course areas.

#### **5. RACING AREA RESTRICTIONS**

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- 5.1.** Support boats shall stay outside areas where boats are racing from the time of the preparatory signal for the first fleet to start until all boats have finished or the race committee signals a postponement, general recall or abandonment.
- 5.2.** During any starting sequence, support boats shall stay at least 100 meters to leeward of the starting line and its extensions.
- 5.3.** Support Boats shall not be positioned:
- 5.3.1.** Closer than 100 meters of any boat racing.
  - 5.3.2.** Within 100 meters of the starting line and marks.
  - 5.3.3.** Between any boat racing and the next mark of the course.
  - 5.3.4.** Between the inner and outer trapezoid courses.
  - 5.3.5.** Within 100 meters of any mark of the course while boats are in the vicinity of that mark.
  - 5.3.6.** Within 100 meters of the finishing line and marks while boats are finishing.
- 5.4.** In addition, support boats that are motoring above 5 knots shall remain at least 150 meters from any boat racing.
- 5.5.** When a race committee or jury member instructs a support boat to move further from the course area, the support boat shall do so immediately.

