



YACHT CLUB SANREMO

INTERNATIONAL ITALIAN DRAGON CUP – PAUL & SHARK TROPHY

Sanremo, 21th/24th March 2024

SAILING INSTRUCTIONS

The sailing instructions are the standard one as per RRS appendix S plus the present Supplementary Sailing Instructions.

1. SCHEDULE

1.1 As per NOR

2. OFFICIAL NOTICE BOARD

2.1 The Official Notice Board (ONB), communication to competitors and from competitors to the OA, CR and Jury, shall be done only as an Online Official Notice Board, available as per NOR. For the complete use of such system the entry form has to be filled completed of telephone number and e-mail address for each crew member.

3. SIGNAL MADE ASHORE

3.1 Signals made ashore will be displayed at the official signal mast.

3.2 Flag AP displayed alone with two sounds signals means “the warning signal will be made not less than 45 minutes after Flag AP is lowered”. This changes Race Signal AP, in the RRS.

4. MARKS

4.1 Marks 1 and 1/a will be orange. Marks 2/P and 2/S will be orange.

4.2 New marks as provided will be purple. In case of another change of course, the new mark is the original one.

5. THE START

5.1 The starting line will be between a staff on the race committee boat displaying an orange flag on the starboard end of the starting line and a yellow mark or a RIB displaying an orange flag at the port end of the starting line.

5.2 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound for at least five minutes before a warning signal is displayed.

6. THE FINISH

6.1 The finishing line will be between the staff displaying a blue flag on the Race Committee vessel and a yellow inflatable mark.

6.2 The race committee vessel on, or in the proximity of the finish line may maintain her position by using their engines, and this shall not be grounds for redress under rule 62.1 (a).

7. CLASS FLAG

Class flag will be a white flag with a Dragon insignia.

8. PENALTY SYSTEM

8.1 As a change to Rule 44.1, the Two-Turns penalty is replaced by One-Turn penalty.

8.2 **[NP] [DP]** A boat that has completed a penalty shall produce the appropriate acknowledgement form on line within the protest time limit. This modify to Rule 44.

9 LIMIT TIME

9.1 The overall time limit is 150 minutes.

9.2 **[NP]** Boats failing to finish within 20 minutes after the first boat finishes will be scored Did not Finish. This changes rules 35 and A4 e A5

10 COURSE

10.1 Courses can be shortened in compliance with Rule 32.



10.2 In case at **mark 1a** the "S" flag of International Signals Code will be displayed over the "C" flag of International Signals Code, boats shall go directly to the finish line.

10.3 If necessary, course changes can be performed in compliance with Rule 33 of R.R.S.

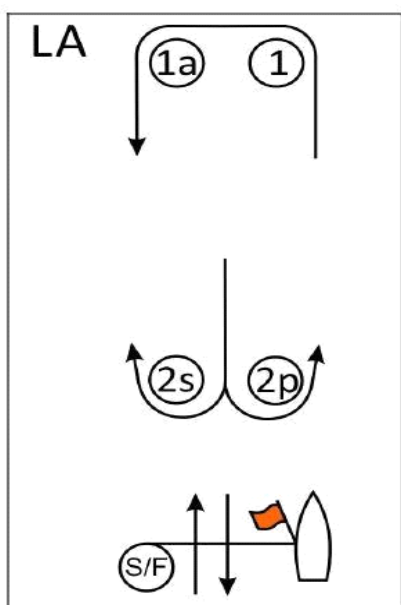
10.4 At the leeward gates, boats shall sail between the gate marks from the direction of the previous mark and round either gate mark. If one of two gate marks is missing and has not been replaced as described in RRS 34 then the remaining mark shall be rounded to port. This changes RRS 34.

10.5 If a change of course is made to marks 2s/2p these may be substituted by a single mark. It shall be left to port.

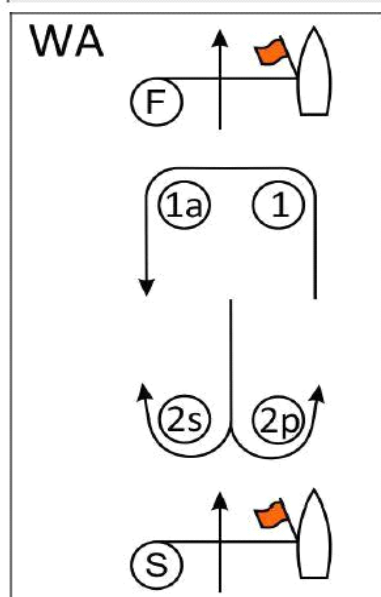
10.6 As modification of appendix S RRS, the course will be all time:

- Type **LA2 (2 tours)**, signaled displaying the pennant 2 
- Type **WA3 (2 tours plus third windward)**, signaled displaying pennant 3 

Will be not displayed the compass bearing for the first mark.



Course LA – Windward/Leeward with Offset Mark, Leeward Finish	
Signal	Mark Rounding Order
LA2	Start – 1 – 1a – 2s/2p – 1 – 1a – Finish
LA3	Start – 1 – 1a – 2s/2p – 1 – 1a – 2s/2p – 1 – 1a – Finish
LA4	Start – 1 – 1a – 2s/2p – 1 – 1a – 2s/2p – 1 – 1a – 2s/2p – 1 – 1a – Finish



Course WA – Windward/Leeward with Offset Mark, Windward Finish	
Signal	Mark Rounding Order
WA2	Start – 1 – 1a – 2s/2p – Finish
WA3	Start – 1 – 1a – 2s/2p – 1 – 1a – 2s/2p – Finish
WA4	Start – 1 – 1a – 2s/2p – 1 – 1a – 2s/2p – 1 – 1a – 2s/2p – Finish

11 REPAACEMENT OF CREW

11.1 **[NP] [DP]** Substitution of competitors will not be allowed without prior on line written approval of the Race Committee.

12 SUPPOR BOATS

12.1 **[NP] [DP]** Support, including coach, press private and spectator boats shall register at the Race Office during the registration period and be issued with an identity red flag, such flag to be displayed at all times when afloat. The OA will supply also a identifying adhesive to be exposed in to boat for all time during the event, in sea and in harbor. such flag to be worn at all times when afloat. The person in charge of the competing boat to which support boats are attached shall acknowledge the presence of a support boat on his registration form.

12.2 **[NP] [DP]** Coach/Support boats shall not tow competitors out to the race course (unless requested to by the Race Committee) and may only tow boats in after the last competitor has finished the last race of the day.

12.3 **[NP] [DP]** Support boats shall stay more than 150 meters to leeward of the starting line and from the leeward marks and from any racing Dragon from the time of the preparatory signal until all boats have finished the last race of the day, or all races are abandoned. Support boats may be allowed up the course on one specified side only if special dispensation has been granted by the IDA (via application to the Jury) for reasons of safety, health, tourism, spectating, or sponsor's request. Such boats applying for dispensation may not have a coach or World Sailing category 3 sailors on board.

12.4 **[NP] [DP]** At all times, support boats shall comply with the directions given by the Race Committee. In particular this includes assisting with rescues when requested to do so.

12.5 **[NP] [DP]** Coach/support boats shall not contact their connected boats between races.

12.6 **[NP] [DP]** Support boats must be on call on VHF Channel 72 at all times. The same channel will be used for the RRS 37 SERCH AND RESCUE INSTRUCTIONS.

13. HAUL-OUT RESTRICTIONS

13.1 **[NP] [DP]** All yachts shall be afloat before **11:00 of Thursday, March 21** and shall not be hauled out during the regatta except with, and according to, the terms of prior written permission of the Race Committee.

14. PLASTIC POOLS AND GIVING EQUIPMENT

14.1 **[NP] [DP]** Underwater breathing apparatus, including snorkels, plastic pools or their equivalent shall not be used below the waterline after **11:00 of Thursday, March 21**.

15. VHF RADIOS

15.1 **[NP] [DP]** VHF Radios may be used on a receive only basis whilst racing. The official channel is 72.

16. INSURANCE

16.1 **[NP]** Each participating yacht shall be insured with valid third party liability insurance with a minimum cover of € 1.500.000,00 per event or the equivalent.

16.2 Competitors are advised to effect their own personal accident insurance.