



MIRPURI
FOUNDATION
SAILING TROPHY

SAILING INSTRUCTIONS



1. RULES

- 1.1** The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS);
- 1.2** Between the official times for sunset and sunrise, the right of way rules of the International Regulations for Preventing Collisions at Sea (IRPCAS) shall replace Part 2 of the Racing Rules of Sailing (RRS). A scoring penalty (RRS 44.3) will apply for infringements under the right-of-way rules of IRPCAS. See SI18.1;
- 1.3** Portuguese Sailing Federation Prescriptions to the Racing Rules of Sailing, are available at the Official Notice Board;
- 1.4** The WS Offshore Special Regulations (OSR) 2020-2021 for Category 4 Races;
- 1.5** ORC Rules, NHC Rules and APIC Rules, as appropriate;
- 1.6** The Notice of Race;
- 1.7** The Sailing Instructions will take precedence over the Notice of Race. This changes RRS 63.7;
- 1.8** The event official time will be UTC+01, GPS time.

2. EQUIPMENT AND MEASUREMENT CHECKS

- 2.1** A boat or equipment may be inspected at any time for compliance with the Rules and Sailing Instructions.

3. NOTICES TO COMPETITORS

- 3.1** All Notices to Competitors will be posted on the Official Notice Board on <https://www.racingrulesofsailing.org/documents/1133/event>

4. CHANGES TO SAILING INSTRUCTIONS

- 4.1** Any change to the Sailing Instructions will be posted at least one hour before the 1st scheduled warning signal for the first race of the day on the day it will take effect;
- 4.2** Any change to the Schedule of Races will be posted before the end of the protest time limit of the day before it will take effect.

5. NOTICES TO MARINERS

- 5.1** Competitors are reminded of their responsibility to take account of Notices to Mariners, particularly the ones of Capitania do Porto de Lisboa, Capitania do Porto de Cascais and Capitania do Porto de Setúbal, available at:

<https://www.amn.pt/DGAM/Capitanias/Paginas/Capitanias.aspx>

6. CLASS FLAGS

CLASS	CLASS FLAG
All classes	Mirpuri Foundation Flag

7. ADVERTISEMENT

Boats shall display event advertising supplied by the Organizing Authority as follows: event flag on the backstay.

8. COMMUNICATIONS

At the Start:

8.1 VHF Ch.72 - The Race Committee may broadcast information on **VHF Ch.72** at the start. Boats are strongly recommended to listen to the Race Committee until and when approaching the finish. Recall information (sail numbers and/or boat names of OCS boats) may be announced as soon as possible. **It is not possible for boats to transmit on VHF Ch.72 at the start of the race;**

At the Finish:

8.2 VHF Ch.72 - The Race Committee may broadcast or require from the boats, information on **VHF Ch.72** at the finish. Boats are strongly recommended to listen to the Race Committee until clear of the finish area. **Boats are able to reply on VHF Ch.72 throughout the finish;**

At all Times:

8.3 VHF Ch.16 - Boats are reminded of their legal obligation to keep a continuous watch on **VHF Ch.16** throughout the race;

8.4 Failure of the radio recall will not be ground for redress. Changes RRS 62.1(a).

9. STARTING TIMES AND SIGNALS

9.1 The race will be started by using RRS 26;

9.2 Proposed Starting Times:

CLASS FLAG	CLASS FLAG	WARNING SIGNAL	PREPARATORY SIGNAL	1 MINUTE SIGNAL	START
All classes	Mirpuri Foundation Flag	11:00	11:01	11:04	11:05

10. STARTING LINE

10.1 The starting line will be set between flag poles on the Race Committee vessels with an orange flag;

10.2 A boat starting later than **10 minutes** after her starting signal will be scored Did Not Start (changes RRS A4).

11. THE COURSES

11.1 Courses will be available at the Official Notice Board, 24 hours before the schedule warning signal.

12. MARKS

12.1 Marks

MARK	SHAPE	COLOR
Start	Race Committee Vessel	
Course Marks	Cylindrical	Orange
Finishing mark - Sesimbra	Fixed Buoy	Yellow
Finishing mark - Cascais	Cylindrical	Orange

13. RETIREMENTS AND NON-STARTERS

13.1 Retirements and non-starters must promptly inform the Race Committee on **VHF Ch.72** or by email to: regatas@cncascais.com It is imperative that boats that are no longer competing can be excluded from any Search & Rescue operation. The expenses of any search and rescue operation by not complying with this SI will be charged to the boat(s) in question.

14. TIME LIMIT

14.1 The Time Limit in all races for all boats will be seven hours after the start time. No further finishers will be recorded after this time. This changes RRS35.

15. THE FINISH

At Sesimbra

15.1 The finish line will be between the Port (red and white) grounded lighthouse situated on the end of the Sesimbra pontoon harbor (38° 26'.300N; 009° 06'.452W) and a stationary yellow buoy (38° 26'.155N; 009° 6'.342W);

At Cascais

15.2 The finish line will be between the white mast with blue flag situated on the end of the Cascais Marina Events Platform (38° 41.664'N; 009° 24.993'W) and a Finish mark with approximate position (38° 41'.807N; 009° 24'.644W);

15.3 All boats shall listen to Race Committee on **VHF Ch.72**. Race Committee may ask a boat to assist with identification when finishing;

15.4 All boats are reminded to take their own finishing times (UTC+01) together with the names of the boats ahead and astern, if any.

16. PENALTY SYSTEM

16.1 Scoring Penalty:

16.1.1When the right-of-way rules of IRPCAS, or government right-of-way rules, apply (between the hours of sunset and sunrise) a time penalty applies;

16.1.2A boat takes a time penalty by displaying a yellow flag at the first reasonable opportunity after the incident. She shall include full details of the penalty on her declaration form. Her penalty will be ten minutes added to her elapsed time for each penalty;

16.1.3When a scoring penalty does not apply, a boat may take a One Turn Penalty for breaking a rule of RRS Part 2 and RSS 31 this change RRS44.1;

16.1.4A boat that did not start, did not finish, retired or was disqualified shall be scored in real time 7 hours plus 10 minutes thereafter will be calculated the corrected time. A boat that is penalized under rule 30.2 or that takes a penalty under rule 44.3(a) shall be scored points as provided in rule 44.3(c);

16.2 Grounds for Protest:

16.2.1Breaches of SI 7, 8, 11, 13 20, 21 and 22 will not be grounds for protest by a boat. This changes RRS 60.1a;

16.3 Other Penalties:

16.3.1When the International Jury decides that a boat that is party to a protest hearing has broken a rule, the International Jury will apply a penalty at description. The Penalties will be in real time and thereafter converted to corrected time.

17. PROTESTS AND REQUESTS FOR REDRESS

17.1 In addition to RRS 61.1 – “A boat intending to protest shall inform the Race Committee immediately after finish. If the protestor does not finish the race, he shall inform the Race Committee boat as soon as possible or the Race Office immediately after arriving ashore;

17.2 Protest Forms are available at the Race Office or can be lodged electronically at www.racingrulesofsailing.org Protests and requests for redress or reopening shall be delivered there within the appropriate time limit;

17.3 The protest time limit is 1 hour after the protesting boat finishes;

17.4 Notices will be posted no later than 30 minutes after the protest time limit for the last boat to finish the race. Nevertheless, a hearing can be scheduled earlier if parties are available;

17.5 The notification of a Protest by the Race Committee or International Jury against a competitor as required under RRS 61.1(b) or (c) shall consist of a notice on the Official Notice Board;

17.6 Failure to receive scheduling email notifications are not grounds for Redress or Reopening. This changes RRS 62.1 (a) and RRS 66;

17.7 Decisions of the International Jury will be final as provided in RRS70.5.



18. SCORING

18.1 The Scoring System defined in Notice of Race 8, will apply;

18.2 The scoring abbreviation for a Standard Penalty is “SP”

19. RISK STATEMENT

19.1 Rule 4 of the Racing Rules of Sailing states: “The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone”;

19.2 Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- a) they are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- b) they are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- c) they accept responsibility for any injury, damage or loss to the extent caused by their own actions or omission;
- d) their boat is in good order, equipped to sail in the event and they are fit to participate;
- e) the provision of a race management team and other officials and volunteers by the event organizer does not relieve them of their own responsibilities;
- f) they are responsible for ensuring that their boat is equipped and seaworthy so as to face extremes of weather; that there is a crew sufficient in number, experience and fitness to withstand such weather; and that the safety equipment is properly maintained, stowed, in date and familiar to the crew.

20. INSURANCE

20.1 Each boat shall ensure that their boat is adequately insured against all third-party claims.

21. BERTHING

Berthing will be not provided for participating boats. The Organizing Authority shall provide a sea shuttle service at Sesimbra on the 27th of June from 16:00 to 23:59 and on the 28th of June from 09:00 to 10:30 for boats that are anchored at Sesimbra Bay. Owners of boats that decide to anchor or mooring at Sesimbra Bay do it at their own risk and responsibility.

To contact shuttle service please call on **VHF channel 69** or contact (+351 962 438 373 or +351 910 658 555)

22. PRIZE-GIVING

22.1 The prize-giving will be at Cascais Marina on Sunday after races.

23. ADDITIONAL INFORMATION

Sail gear: North Sails – Official sailmaker.

Free Sail Inspection: free for all participant boats/teams before the event.

Regatta Repair: Overnight service activation for emergency sail repairs, during the regatta. Pick up & delivery in Sesimbra.

Priority Service: a priority service is provided for sail repair to all participant boats/teams. Before the regatta: in order to guarantee the sails are ready for the regatta. After the regatta: in order to minimize logistics/departures delays on sailing back home.

Any further information shall be requested to regatas@cncascais.com



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