

Sailing Instructions

Offshore Sailing Regatta

« POROS 2024 »

March 29th - 31st 2024

In Memory of MAKIS GRITZALIS







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Abbreviations

WS	World Sailing
RRS	Racing Rules of Sailing
HSF	Hellenic Sailing Federation
HSC	High Seas Committee (Greek)
SCAC	Supreme Competition and Appeals Committee
SR	Special Regulations (HSC)
OA	Organizing Authorities
RC	Race Committee
PC	Protest Committee
TC	Technical Committee
NoR	Notice of Race
SI	Sailing Instructions
RO	Race Officer
NJ	National Judge
ICS	International Code of Signals
IRPCAS	International Regulations for Preventing Collisions at Sea
ONB	On-Line Notice Board (Official Notice Board)

1. Rules

- **1.1** The sailing event "Poros 2024" is governed by the regulations WS RRS 2021-2024, as well those are referred in Clause 2 of the Notice of Race (NoR), as they applied on the sailing event dates, and these Sailing Instructions (SI). In case of inconsistency the SI's prevail (Amendment of RRS 63.7). Between Greek and English text, the Greek text will prevail. The race area appears on the maps of the Hydrographic Department of the Hellenic Navy XEE 412 & 412/5.
- **1.2 [DP]** The Notice of Race and Sailing Instructions shall be made available to each boat, before a race begins. (RRS 25.1).

2. Weather Forecast - Time

Weather forecasts will not be given to competitors. The responsibility to get any available updates on the forecasted weather conditions is left to the competitors.

The official time for the race is the time of the Athens Observatory.

3. Races – Routes – Restrictions – Obstacles

3.1 Routes:

Routes with relative distances and restrictions, are appeared to the following board. Race results will be based on the actual distances that will result from the conduct of the races.





POROS 2024									
ROUTES / COURSES									
	DATE		COURSES	DISTANCE					
DATE		TIME	COURSES	(NM)					
	29 / March	,	Race-1 Start FALIRO - POROS (R1)						
Friday			Restrictions: AIGINA Island left to Starboard.	30					
riuay			Point Dana (Poros Straight), It's a Rounding Mark and should						
			be left to Port.						
	31 / March	11:00	Race-2 Start POROS - FALIRO (R2)						
Sunday			Restrictions: AIGINA Island and MODI islet (SE Poros), Left ot	30					
			Port.						

- **3.2** At both start procedures (R1/R2) RC may placed windward mark (M1), which will be prismatic buoy yellow color. More details about that, below clause 7.1b).
- **3.3** At the second start (R2) Poros, Starting Area will be on Monastiri Bay Poros. Annex "B" shows this area on its second page.

3.4 Routes restrictions will be:

- a) In R1, Aigina island left to Starboard. Point Dana, Rounding Mark, left to Port.
- b) In R2, islet Modi (SE Poros) and Aigina island will be left at Port.

3.4 Movement of the Starting Line. Shortening of the Route:

The Race Committee (RC) may at its discretion shorten or not, any or all of the races if very low winds are detected or there is a weather forecast that either prevent the start at the predefined start area or will not allow the boats to finish. In case of shortening the Time Limits will remain as originally published, but the calculation of the results will take into account the actual distance of the race.

The shortening can be done:

- a) By moving the RC boat away from the original starting area, to a new area while displaying the "L" signal (follow). This decision of the RC cannot be the basis for a request for redress. In this case one end of the new conceivable starting line will be a yellow prismatic buoy and the other end will be a flagpole with the "RC" flag displayed on the Race Committee boat, with the exception of clause 7.5 below.
- b) Finishing at a rounding mark as RRS 32.2a). In this case one end of the new conceivable finishing line will be the Rounding Mark, on the left and "S" and "Blue" flags on RC Committee boat, on the right.

4. Merging Classes / Divisions

- **4.1** Merging of classes as illustrated into participants lists. Lists will be posted in NOTK club webpage and to the Official Notice Board.
 - **4.2** Discreet signals of all classes will be the following:
 - a) ORC SPORT yachts, pennant numeral «1» of ICS
 - o) ORC PERFORMANCE yachts, pennant numeral **<2** of ICS.
 - **4.3** The participating boats are not obliged to show their pennant.
- **4.4** The minimum number of boats appearing in the starting area required for a race to be started for any class/category is **three (3)**, according RRS J2.2(26) and SR/HSC §10.5.







5. Communication with the Competitors [DP]

5.1 The Official Notice Board will be accessed through the website of NOTK, www.notk.gr.

Announcements, Race Results as well as any other document for the competitors will be posted on the international platform at: Racing Rules of Sailing which can be accessed through the website of NOTK.

- **5.2** At sea, RC will communicate with the competitors with the use of VHF Radio. Communication channel (included this for SAR) will be **<72**». Continuous reception is mandatory for safety reasons, along channel **<16**» (Distress Frequency) and the cellular phone which number has already been given to the RC, on the application form. The cellular phone set is suggested to support viber operation.
- **5.3** «**D**» (Delta) Flag on RC boat, means that RC has changed communication frequency to «**74**». This frequency changing is going to be announced on the VHF channel in use.
- **5.4** A boat as long as she is competing shouldn't transmit or receive voice/data information which isn't available to all the competitors. Private navigation equipment doesn't allow. Everybody pays attention and avoid to withdraw with RRS 41 (Outside Help).
- **5.5** All boats are obliged to communicate with RC and report their position, one (1) hour before their expiration time (Time Limit), if this happens after 22:00.
- **5.6** After finishing on R1, boats should alter to frequency of channel **«71»**, for taking directions mooring onto Poros harbor.
- **5.7** Numbers for direct contact, in case of emergency, with RC: **693 683 8197** (RO) and **697 741 0792** (RC/Finish Team).

6. Signals

Ashore at the area of Faliro, the land signals will be displayed on a flagpole, outside of the NOTK club offices.

At the Starting Areas, signals will be posted on RC's boat

At the island of Poros, the land signals will be displayed on the mast of the anchored RC Boat, which will have an orange flag with the letters RC displayed.

Below are listed some of the signals that could be displayed.

6.1 Start Signals

The starting signals will be displayed on suitable poles of the RC boat which will display an orange flag with the "**RC**" insignia. The times must be taken from the visual signals. The absence or failure of a sound signal must be ignored.



The display of signals is accompanied by VHF announcement if possible. Omission, absence, or incorrect announcement via VHF is not a basis for a request for redress.

Warning Signal

Five (5) minutes before the respective start, the signals of the classes that are scheduled to start will be displayed. For the Sport class the numeral pennant "1", for the Performance class the numeral pennant "2", for Double Handed class the numeral pennant "3" and for the Non-Spinnaker class the numeral pennant "4", together with an audible signal.

Preparatory (Preparatory Signal) «P»

Four (4) minutes before the start, the preparatory signal "P" will be







displayed with a sound, engines should be off.

1 Minute Signal «P»

1 minute before the start, the "P" will be removed together with a long sound.

Start Signal

The numeral pennants of the classes will be removed together with a sound.

6.2 Other Signals that May be Given

Postponement of all races that have not started. Display of the "**AP**" with two sounds.



Termination of Postponement: Lower of the "AP" signal with one sound. The warning signal will be made 1 minute after removal of the "AP". On shore the removal of "AP" announces not less than 60 minutes.

Abandonment «N» of all races that have started and return to the starting area Display of the "N" signal together with three sounds.



Course Shortening: Display of the "**S**" signal with two sounds.



Individual Recall: Display of the "X" signal together with one sound.



General Recall: Display of First Substitute signal together with two sounds.



Signal "L": On land, with one sound announces the posting of a new announcement on the Official Announcement Board by the RC. The display of the same signal on the boat of the RC at sea means "**Follow**".



Signal "D": On a RC boat together with a sound, signals the altering of VHF Frequency on the secondary one, noted on SI's § 5.3, above.

RC keeps the right to announced any other signal according RRS.

7. The Starts

- **7.1 General**: The starts will be given according to Rule 26 of RRS 2021-2024.
- a) Warning signal for each subsequent class will be given as soon as possible after the start of the previous class. The RC may choose to start all or some classes together depending on the participation. The starting lines will remain for ten (10) minutes. Within this time limit, boats that for any reason did not start normally, can start. After this time limit, all boats that have been registered at the starting area but have not crossed the starting line will be declared DNC. The Race Committee may extend the above time limit at its discretion and this decision is not the basis for a request for redress.
- b) At the starting lines, in both courses, RC may start with the use of a Winward Mark (**M1**), (with an additional **Offset** Mark), as a rounding point. Offset Mark is not obligatory to set. The distance from the starting line of this mark, if it is used, will be 0.6 nm approximately and will be a prismatic yellow buoy. The Offset Mark will be a small cylindrical buoy. The exact distance/bearing will be transmitted on VHF channel, along with the presentation on a Notice Board on the RC boat. RC not later than 5 minutes before warning signal, will be announced if starting procedure will be implemented with the use of windward





mark and if this is the case then will raise a **red flag** which declared that: «there is a windward mark **M1** and should be left on boat's Port side».

Boats after pass **M1** and **Offset** Mark (in case of its set up), will direct back to the starting line again, which will now work as a Door. Boats will pass this door and continue to their destination, Poros or Faliro respectively, depended where this is it. The diagram on page 17 shows this setup.

c) **[DP]** The boats of the next class to start, that are not yet competing, **must** be **kept away from the starting line**, waiting the warning sign of their class.

7.2 Registration of Boats Before the Start

- a) The boats are obliged to pass by the RC boat before the start of each race to register for the race. The above procedure will be possible until five (5) minutes before the initiation of the start process. The VHF communication channel during the starting process must be kept free for the proper communication between RC and the competing boats.
- b) Boats that for a very serious reason did not manage to pass in time by the RC boat must notify the RC through VHF that they are in the starting area, and they intend to start. The same situation holds for the boats that didn't have the opportunity to register before the above-mentioned time.
- c) The RC can mark DNC all boats that did not indicate their intention to start. Also can mark as DNS all boats didn't start at the designated by RC starting limit time which the maximum is 10 minutes, or even any, previously announced, extension of that.

7.3 Start Line Faliro – Poros (R1)

The start will take place in the waters of Saronic Gulf, close to the exit of Club's harbor. The Starboard end of the conceivable starting line will be an orange flag with the "RC" letters written on it on the RC boat anchored at this point, and the Port end a buoy dipped leeway of the RC boat. Picture in the 1^{st} page of Annex "B", displays this location and setup.

In case of Windward Mark M1 start, diagram on the last page of Annex B, will be followed, as refer in clause 7.1b), above.

7.4 Start Line Poros – Faliro (R2)

The start will be in the waters of the Monastiri Bay of Poros. The port end of the conceivable starting line will be a yellow prismatic buoy and the starboard end will be an orange flag, displayed on the RC board. Picture in the 2nd page of Annex "B", displays this setup.

In case of Windward Mark M1 start, diagram on the last page of Annex B, will be followed, as refer in clause 7.1b), above.

7.5 Anchoring of a Race Committee Boat

Alternatively, if the weather conditions or any other reason does not allow the RC boat to anchor at the scheduled point, then the RC boat displaying an orange flag with the "RC" mark on a pole will be placed at either one or the other of the two ends of the starting line and she can hold her position with the usage of her engine, and this is not a basis for request to redress.

8. Individual Recall

Individual recall may be given in accordance with RRS Rule 29.1. The RC is not obliged to notify the boats that started early. If there is such an ability, the RC will make an





announcement via VHF. No - notification is not a basis for redress.

9. General Recall

General Recall may be given in accordance with RRS Rule 29.2. The RC is not obliged to notify the boats that have started. If there is such ability, the RC will make an announcement via VHF. No - notification is not a basis for redress. After the General Recall and one minute after the removal of the First Substitute a new warning signal (5 minutes), will be given.

10. Finishing

10.1 General

Effort will be made to install a strobe light at the buoys that define one end of the finish lines, to operate from sunset to dawn. In the case of absence of the buoy due to force majeure, the conceivable finish line will be defined by the position of a pole with a blue flag, on one end, a direction approximately perpendicular to the course of the boats from the previous point and a distance which would be matched with the demands of every area. Annex "B" below shows indicative diagrams for the two finishing lines (R1/R2).

Absence or malfunction of the strobe light or the buoy, does not entitle competitors to submit request for redress. In this case the RC will try to inform the arriving boats about the possible problem through the VHF, on the race channel 72.

If the RC personnel is absent due to force majeure when a boat finishes, the boat must report to the RC the time of its finish and its position relative to other race boats at the first reasonable opportunity.

10.2 Finishing Line at Poros

The finish line will be setup on the waters North-Northwest of the harbor of Poros. The conceivable finish line is defined by an anchored yellow prism buoy at the Starboard end and a pole with a blue flag at the Port end, on the land in the area of "JENIAS HOTEL". The intention of the RC is to anchor a yellow prism buoy at a direction of 200 deg and a distance of 100 mtrs from blue flag. In a case where it's not possible to use the area of "JENIAS HOTEL" the blue flag will be emplaced on the RC boat near to the above-mentioned hotel area. Demonstrative picture in the 2nd page of Annex "B" displays this setup.

10.3 Finishing Line at Faliro

The finish line will be placed on the outside area of Kallithea Port. The conceivable finish line is defined by an anchored yellow prism buoy at the Starboard end and a pole with a blue flag at the Port end placed on the dock in the area of Kallithea Port, where the RC finishing team will be placed. RC intent to place the buoy at bearing of 220° and distance of 150 mtrs, from the dock. Demonstrative picture in the 1st page of Annex "B" displays this setup.

11. Passing Finish Line [DP]

11.1 Finishing with Day-Light

The RC will notify each boat that finishes with a sound. The first boat with a long sound. The captain of each boat is obliged to inform the RC, the name of the boat and the sail number **as soon as she has finished and not before**. It is the responsibility of each boat to





make sure that its recognition by the Race Committee has become clear.

11.2 Finishing at Night

Boats approaching finish line are obliged to light their sail numbers with a flash light and report to RC on the VHF channel, **as soon as they pass finish line**. It is the responsibility of each boat to make sure that her recognition by the RC has become clear.

12. Finishing Time Limits

The time limit for every boat to finish is set according to the formula (APH \times 2.5 \times Distance), as it referred to NoR clause 12.4 and also SR/HSC 11.1.

13. Time Correction System

13.1 Time correction as provided in Clause 12.1 and 12.2 of the NoR, with the following changes (Underlined indicated):

13.2 ORC Performance.

The 'Performance Curve Scoring/Constructed Course' will be applied. The highest "Scoring Wind" of the best boat in the race is going to be used as the wind speed for corrected times calculations (ORC Rating Systems 402.9). Alternatively, "ToT – Long Distance" system will be applied due to RC judgment in relation with sailing conditions or even if there aren't enough wind data.

- **13.3 ORC Sport, ORC Non-Spinnaker, ORC Double Handed.** The <u>"ToT Long Distance"</u> system will be applied, for those Classes.
- **13.4** RC's data relevant with distances, wind and time correction system, cannot be a field for any boat to state any redress.
- 13.5 Time Limits for ORC boats it is a result of the following formula: (APH \times 2,5 \times Distance), (SR/HSC 11.1).

14. Scoring System

As provided in Clause 13 of the NoR. Additionally, RRS Rule A5.3, will be in valid.

15. Issuance of the Results

- **15.1** RC will give an effort to issuing results during the race is progressing and posted them on <u>Official Notice Board</u>. At the end of each race course, Provisional results will be published on the same web page, as well.
- **15.2** The final results will be published after the hearing of any protests/requests for redress.
- **15.3** Provisional and final results will be published on the NOTK's site www.notk.gr along with Official Notice Board of the race.

16. Alternative Penalties – Violation of Regulations

16.1 [DP] A boat which violates the regulations of part 2 of the RRS, must execute a





penalty of one turn (1 tack and 1 gybe) in the same direction (Rule 44.2 RRS).

- **16.2** Maximum **[DP]** penalty would be imposed for small OSR violations or rule 47 (RRS Trash Disposal) would be 10% scoring penalty according with RRS 44.3(c).
- **16.3** The content of SI's and NoR's cannot be the basis for a protest or request for redress by a competitor.
- **16.4 [NP]** It is at the discretion of the Protest Committee to impose any penalty other than disqualification or to decide discharge for violations of the ORC Class Rules, the OSR and ERS Rules. For any other violation, the provisions of the current HSF/HSC Regulations apply.
- **16.5** [SP] WORLD SAILING DEVELOPMENT RULE DR21-01 ALTERNATIVE STARTING PENALTY will be applied on the start.

According to this development rule, the definition **start**, turn to:

«A boat starts when her hull having been entirely on the pre-start side of the starting line, and having complied with rule 30.1 if it applies, any part of her hull crosses the starting line from the pre-start side to the course side either:

- a) at or after her starting signal, or
- b) during the last minute before her starting signal.».

According to this definition for start, when a boat starts in accordance with item b) of the definition Start, she may return to the pre-start side of the line to comply with item a) of the definition of Start, but if she does not, the starting penalty shall be:

- 1) She shall take a Two-Turns penalty in accordance with RRS 44.2. If she doesn't execute this penalty, then:
- 2) She shall receive 20% Scoring Penalty for the value of DNF, calculated in accordance with RRS 44.3(c), or 1 position down to the ranking, whatever is worst.
- **16.6** *[SP]* A boat not passing through the door, after Winward Mark (**M1**), if this finally have been setup, as it refers at clause 7.1b) above, will be scored as «NSC».
- **16.7 [DP]** A boat receiving a penalty, when completes the one or two turns round, should first report to RC through VHF channel and later, 2 hours the most, after she has finished, filled the appropriate form, which can be found onto the Official Notice Board.

17. Abandoning the Race

- **17.1** Boat that doesn't have the attend to finish or retires the race after a breach of an RRS Rule, should immediately notify RC and she is qualified as "DNF" in the first occasion and "RET" (Retired), in the second one.
- **17.2** Boats that for any reason and at any moment leave a race, are obliged to immediately notify the RC via VHF on the race channel or by phone using the telephone numbers of the RC members. The RC may protest boats sailing on engine, which have not reported abandonment to the PC, for infringement of this Article and Rule 2 of RRS.
 - 17.3 Boat that abandoned the race, is obliged to raise her National Flag (SR/HSC §15.2).

18. Changes on Sailing Instructions

18.1 Any written change in the SI's will be posted before 09:00 of the day of the race. These written changes will be posted on the Official Notice Board and will be notified to the competitors via VHF before the warning signal.





- **18.2** Any verbal changes may be given at sea prior to the warning signal in accordance with RRS Rule 90.2 (c) & J2.2 (4).
- **18.3** Any change in the program of the Race will be announced not later than 20:30 of the previous day that is going to be applied.

19. Limitation on Usage of Boat Engines [DP]

- **19.1** The engines of the boats must not operate after the preparatory signal (4 minutes).
- **19.2** To release a boat after grounding or collision with another boat, vessel or object, the boat may use its engine in accordance with RRS 42.3. (i).
- **19.3** Any use of the engine for propulsion of the boat or for any other reason during the race must be declared in writing to the RC, within two hours from the finish of the boat in this race.

20. Declaration of Non-Compliance with Regulations

In case that during the race the regulations mentioned in the NoR and SI's were not observed, the authorized representative of the boat must declare it in writing to the RC within two hours after the finish of the boat in the race that the incident took place with the use of Official Notice Board.

21. Procedure for Objections and Requests for Restoration

- **21.1** Protests and Requests for Redress will be heard at the offices of the OA at the NOTK facilities on Monday April 1, 2024, at 19:00. The interested representatives of the boats will be informed in a timely manner by the secretariat of the Club. The authorized representatives must, inform their witnesses if they exist, so that they can attend.
- **21.2** For incidents that occurred in a race, the competitors must inform the RC at the finish line of their intention to file a protest before or at least two hours after the finish and then submit the protest in accordance with RRS 61.3. Measurement/Inspection protests may be submitted by the Technical Committee up to 1 hour after the expiration of the time limit for Measurement/Inspection.
- **21.3** Any requests for redress must be submitted in accordance with Rule RRS 62.2. When provisional results are announced after the expiry of the time limit for submitting a protest then a boat may submit a request for redress for these results no later than one hour after their official announcement (Amendment to RRS 62.2). Protests and Redress Requests must be submitted using the Official Notice Board.
- **21.4** For the purposes of RRS 64.4.b, the authorized authority is the President of Hellenic SCAC.

22. Measurements - Inspections

As provided in clause 14 of the NoR.

The TC may inspect any boat at any point (land or sea) and at any time during the period from Friday 29 March 2024 at 10:00 until two hours after the end of the last race.





23. Crew and Equipment Changes / Crew List

As provided in clause 15 of the NoR.

24. Navigation at Night

From sunset to dawn, the International Maritime Avoiding Collision at Sea Regulations, replace the RRS Part 2 Rules. During this period the boats must take care to keep the navigation lights not covered by the sails of their boats. This also applies in the case of poor visibility due to weather phenomena.

25. Responsibility

As provided in clause 16 of the NoR.

26. Advertising on Boats [DP, NP]

As provided in clause 18 of the NoR.

27. Trash Disposal [DP]

Trash should be remained onboard and don't trough them at sea (RRS 47). Rubber or wooden stripes when Spinnakers are set-up doesn't consider as violation of rule 47 RRS.

28. Internet Links

Email: info@notk.gr

Organization's Authority Site (Website): https://www.notk.gr/ Official On-Line Notice Board: Racing Rules of Sailing

29. Organization Authority Offices

NOTK Yacht Club

Nautical Marina of the Municipality of Kallithea, 17674

Cnt: 210 4810390 / 91, 210 413 1819

site: www.notk.gr mail: info@notk.gr

During the race, RC, Starting and Finishing Team will also hear to the race channel «72».

30. Events

As provided in Clause 9.1 of the NoR.

31. Committees

As provided in Annex «A».





32. Drawings

As provided in Annex «**B**».

QR CODES / PUBLIC LINKS

ON-LINE NOTICE BOARD



RACING RULES
OF SAILING



HSC SPECIAL REGULATIONS



PROTEST FORM



SCORING INQUIRY



CREW SUBSTITUTION REQUEST



WS RULE DR 21-01







ANNEX "A"

Race Committe

Crew Leader: Dimitris Vasileiou (RO)

Crew: Fani Katsavouni,

Georgia Rizou Maria Riga

Despina Vamvaka Thanasis Tsakos Stefanos Giannakakis

Protest Committee

President: Chris Theodosi (NJ)

Theologos Danezis (NJ) Sotiris Kartalis (NJ)

Technical Committee

Andreas Antonopoulos 697 730 2543

Race Committee Boats

Alejandros Theodoridis, Yacht «MANOOLI TOO» Cel.: 694 756 8316 Dimitris Nagouzaloglou, Yacht «LEONIDAS» 694 164 1002





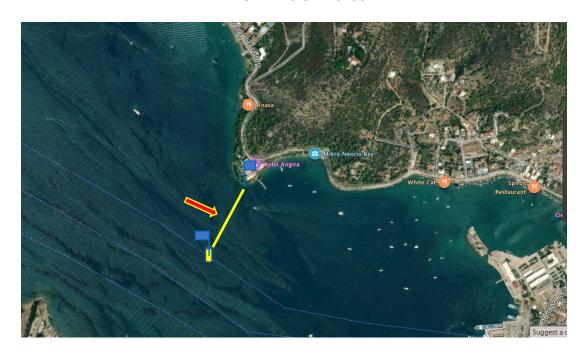
ANNEX "B"

Following drawings are for displaying reasons only and not for navigation.

Starting Line on Faliro.



Finish Line on Poros.







Starting Line on Poros.



Finish Line on Faliro.







STARTING DRAWING with WINDWARD MARK M1 (for R1 / R2)

Course: Start (Upwind) — M1 (Port) — Offset Mark (Port, in case of existence) — Starting Line / Door (S/P)* — Poros / Faliro.

*: S = Starboard, P = Port.

Note: Distance and Magnetic bearing of buoy M1, will be transmitted on VHF Channel, not later than 5 minutes before the warning signal, also these data will be presented on a Notice Board on RC boat.

